

The ABCs of Water Safety

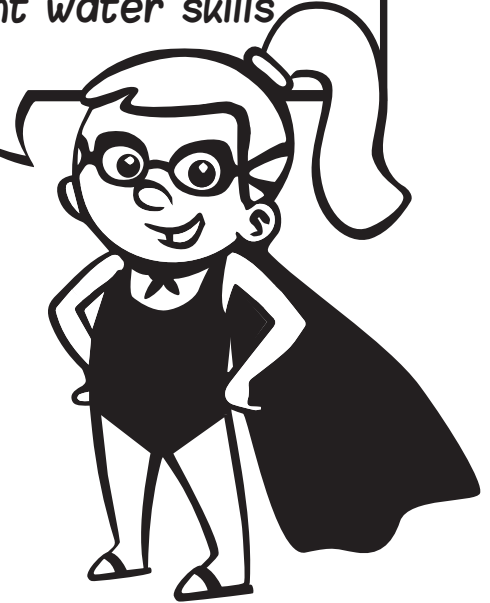
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is for

CLASSES

Classes for children, like formal swimming lessons, introduce important water skills in a fun, safe environment.

What water skills do you know?
Draw yourself swimming below.



KID CONVO

Ask your child(ren) what swimming skills they are good at and what skills they still need to work on. Do you agree with their assessment?

RULE YOUR WATER

Learning to swim is a process; make swim lessons an expected part of every summer (or all year!)

Research swim lesson options and choose the right fit for your family's needs

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Family Water Rules

What rules does your family need?