DISCLAIMER:
The City of Temecula has developed this guide as a reference tool to assist parents, caregivers and individuals by providing a list of local resources in the community. The Human Services Resource Guide will include information on local resources that serve special needs, aging adults and military, limited income, and at-risk youth/families and much more. The City of Temecula does not recommend, endorse, or guarantee services for any of the information included in this guide. You are urged to use independent judgment and request references when considering any resources provided in this guide.

Every effort has been made to provide a list that is up-to-date and offer information on local resources in Southwest Riverside County and surrounding areas. If you have any questions, you can contact the Temecula Community Services Department at (951) 694-6480.

You may print a copy online at www.cityoftemecula.org.
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# Child Care

**Child Care Licensing**
(951) 782-4200  
cld.ca.gov/PG411.htm  
Provides information on becoming a licensed child care provider, renewing an existing license, and finding licensed care.

**Child Care Program - Temecula Valley Unified School District**
31350 Rancho Vista Road  
Temecula, CA 92592  
(951) 695-7127  
Child Care services for students in grades K-5 will be available at Nicolas Valley, Paloma, Pauba Valley, Rancho, Red Hawk, Barnett and Sparkman Elementary schools, from 6:00 am to 6:00 p.m. A non-school day camp is also available during summer and spring breaks.

# Children's Protective Services

**County Child Protective Services**

**Child Abuse**  
(800) 422-4453  
www.childhelp.org  
Helping victims of child abuse and neglect focusing on prevention, intervention and treatment.

**Child Protective Services**
27464 Commerce Center Drive Suite E  
Temecula, CA 92590  
(951) 696-3450  
Email: dpssinquiry@riversidedpss.org  
dpss.co.riverside.ca.us/dpss/Default.htm  
Provides individualized interventions to families which afford the opportunities for children to be raised in homes free of abuse and neglect.
Child Find of America
(800) 426-5678
www.childfindofamerica.org
Prevention and resolution of child abduction.

Child Support Service - District Attorney
(800) 585-7297
Services assist custodial and noncustodial parents in supporting their children.

Polly Klaas Foundation
PO Box 800
Petaluma, CA 94953
(800) 587-4357
Email: service@pollyklaas.org
www.pollyklaas.org
Dedicated to the safety of all children, the recovery of missing children, and public policies that keep children safe in their communities.

Wiley Center for Youth, Family, and Families
7177 Potomac Street
Riverside, CA 92504
(951) 784-0020
www.wyliecenter.org
Services include: child care, intervention, therapy, speech therapy, counseling, support groups, and family education series'.

Licensing, For Child Care
(951) 782-4200
Community Care Licensing

Amber Foundation
(800) 541-0777
Stranger Abduction Only

Adoptions

National Adoption Center
(800) 862-3678
www.adopt.org/assembled/home.html
Provides adoption opportunities and permanency homes.

Adoption Assistance Program
(951) 358-3555 (permanency program) or (951) 358-5392 (financial program)
Provides temporary financial assistance and employment services for families and individuals, programs and services to protect children and adults from abuse and/or neglect and access to health care coverage to low income individuals and families.

Foster Care Services

Abused Children Rancho Damacitas
38950 Mesa Road
Temecula, CA 92592
(951) 302-2317
www.4kidsfirst.org/ranchodamacitas.html
Address specific treatment goals for each child in preparation for either a lower level of residential care, foster care, or successful reunification with their natural family.

Independent Living Skills Program (ILP)
(951) 358-7990
Email: fosteryouthhelp@dss.ca.gov
www.childsworld.ca.gov/PG1350.htm
Help youth emancipate from the foster care system.

California Youth Connection
(951) 328-3771
Email: info@fosteryouthalliance.org
fosteryouthalliance.org
Advocacy/Leadership for foster youth.
**Employment Resources**

**Center for Employment Training**  
27941 Jefferson Avenue  
Temecula, CA 92590  
(951) 296-3010  
[cetweb.org](http://cetweb.org)  
CET is a private, non-profit, economic and community development corporation. Its mission is to promote human development and education by training people in marketable skills while providing the supportive services that contribute to self-sufficiency. It is dedicated to fighting poverty and dependence on public aid by making quality skill training available to adults of all educational levels and backgrounds, especially those most in need and hardest to serve.

**Employee Identification Number—Internal Revenue Services (IRS)**  
(800) 829-1040  
Provides information on how to apply for, replace, or cancel an EIN.

**Employment (Summer Hiring)**  
Frances Perkins Building 200 Constitution Avenue  
(866) 487-2365  
[www.dol.gov-summerjobs](http://www.dol.gov-summerjobs)  
Summer job search engine for low income students.

**Riverside County Employment Development Department**  
30135 Technology Drive  
Murrieta, CA 92563  
(951) 304-5900  
[www.edd.ca.gov](http://www.edd.ca.gov)  
Experience Unlimited through the Riverside County Employment Development Department allows employers to “tap into talent” for immediate access to professionals with expertise in a wide range of fields.

**Supported Work Program for Adults with Developmental Disabilities**

**Employment Developmental Department (now Workforce Development Center)**  
30135 Technology Drive  
Murrieta, CA 92563  
(951) 304-5900  
[www.rivcojobs.com](http://www.rivcojobs.com)  
This service is provided to businesses to seek qualified candidates, job seekers, veterans, youth, and seniors.

**Conservation Corp**  
(800) 952-5627
Jobline of Riverside County - Human Resource Department  
P.O. Box 1569  
Riverside, CA 92502  
(951) 955-3500  
www.rc-hr.com  
Contains information regarding permanent and temporary job opportunities, job descriptions (internal and external), skill assessment, job matching, "how to apply" and more.

Jobline-City of Temecula  
41000 Main Street  
Temecula, CA 92590  
(951) 694-6445  
jobs.cityoftemecula.org  
Provides information on current City of Temecula job openings, descriptions of positions, and requirements.

Riverside County Regional Occupational Program (ROP)  
(951) 826-6450 or (800) 606-4001  
www.rcoe.us/career-technical-education/cterop  
The Riverside County ROP is an accredited career/technical-training program. Each year, the program serves more than 24,407 high school students and adults in more than 767 class sections in 85 career areas and more than 2,000 local businesses, hospitals, offices, restaurants, day-care centers and other places of employment.

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**Equipment, Supplies & Products**

Access Ingenuity (Special Needs, Aging Adult)  
3635 Montgomery Drive  
Santa Rosa, CA 95405  
(877) 579-4380  
www.accessingenuity.com  
Handheld magnification to help read text or details due to low vision.

American General Life and Accident Insurance Company  
27349 Jefferson Avenue Suite 114  
Temecula, CA 92590  
(951) 331-6306  
www.americangeneral.com/lifeinternet2000/careerweb.nl/contents/index  
Financial services that offer life insurance and more.

United Medical Supplies, Inc.  
8811 Shirley Avenue  
Northridge, CA 91324  
(817) 718-2811  
www.unitedmedinc.com  
Medical supplies for injured, disabled or senior care.
**County Services**

**American Red Cross**  
6235 River Crest Drive, Suite A  
Riverside, CA 92507  
(888) 831-0031  
[redcross.org](http://redcross.org)  
Provide disaster relief, support for America's military families, lifesaving blood, health & safety services, and international services.

**Temecula Community Pantry**  
28922 Pujol street  
Temecula, CA 92590  
(951) 676-8022  
[www.temeculacommunitypantry.org](http://www.temeculacommunitypantry.org)  
Distribute donated food such as surplus food from markets, restaurants, growers and donated clothing and household items.

**The Referral Info for Riverside County**  
211 or (800) 464-1123  
Information and referral hotline.

**Public/Non-profit Services**

**Angle View**  
30643 Temecula Parkway  
Temecula, CA 92592  
(951) 699-7476  
Thrift shop/resale boutique.

**Calvary Church**  
27462 Enterprise Circle West  
Temecula, CA 92590  
(951) 699-0553  
[cctyprayer.com](http://cctyprayer.com)  
Faith based organization.

**Castaways**  
28720 Via Montezuma  
Temecula, CA 92590  
(951) 694-8018  
[temeculavalley.assistanceleague.org/ps.castaways.htm?ID=821](http://temeculavalley.assistanceleague.org/ps.castaways.htm?ID=821)  
A thrift shop that supports the Assistance League of Temecula Valley's programs and efforts. They sell lightly used clothing, books, toys, jewelry, house wares, sports equipment, baby items, and furniture.

**Catholic Charities**  
(951) 766-7476 or (951)784-5020 (Moreno Valley)  
Food stamps  
43264 Business Park Drive  
Temecula, CA 92590  
(951) 600-6500  
Monetary assistance for food products.

**Goodwill**  
32705 Temecula Parkway Building F  
Temecula, CA 92592  
(888) 4 Goodwill  
[www.goodwill.org](http://www.goodwill.org)  
Services are designed to meet the diverse needs of youth, seniors, veterans and military families, immigrants, and people with disabilities, criminal backgrounds and other specialized needs.
Habitat for Humanity
27479 Enterprise Circle West
Temecula, CA 92590
(951) 296-3362
habitat4inlandvalley.org
Builds affordable houses for low income families.

Murrieta/Temecula Food Bank
27537 Jefferson Avenue
Temecula, CA 92590
(951) 676-5155
Food pantry.

Rescue Mission at Rancho Community Church
31300 Rancho Community Way
Temecula, CA 92592
(866) 712-0925 ext.101
Email: info@rcc.tv
rcc.tv
Ministries for all ages, specialized groups and classes, and worship and teachings.

Salvation Army
27525 Jefferson Avenue
Temecula, CA 92590
(951) 693-9615
www.salvationarmy.org
Programs for addiction dependency, community development, health services, social work, emergency responses, family tracing, and sports ministry.

Senior Service Center
41538 Eastman Drive
Murrieta, CA 92592
(951) 600-9557
Community center.

Southern California Edison Energy Savings Assistance Program
(800) 736-4777
www.sce.com/residential/income-qualified/ema/energy-savings-assistance.htm
Assist in lowering energy costs by replacing household appliances. SCE also has additional limited income programs to help with your bill.

Spark of Love Toy Drive Temecula Valley People Helping People
26201 Ynez Road Suite 102
Temecula, CA 92590
(951) 757-5212
www.tvphp.org
Distribute toys and various items during the Holiday Season.

Temecula Valley People Helping People
26201 Ynez Road Suite 102
Temecula, CA 92590
(951) 757-5212
www.tvphp.org
Build permanent charitable capital and provide services that contribute to the health and vitality of the community.

Western Eagle Foundation
40940 County Center Drive
Temecula, CA 92591
(951) 695-7206
www.western-eagle.org
Provides families with basic necessities such as food, water, household items and more.
**Homeless & Emergency Relief**

**24 hour Operation SafeHouse**
(951)351-4418
Shelter program for Riverside County teens & family reunification.

**Alternatives to Domestic Violence**
All Areas, CA
(800) 339-7233 or (951) 683-0829
www.alternativestodv.org
Provides services to victims of domestic violence and their families in Western Riverside County.

**American Medical Response (AMR)**
(951)784-5555 or (951)774-0200
Ambulance service.

**American Red Cross**
(951)688-6440
Emergency shelter services.

**Angel Food Ministries/Grace of Temecula Valley**
28073 Diaz Road
Temecula, CA 92590
(951) 506-2425
www.angelfoodministries.com
Food and clothing.

**Angel View**
30643 Temecula Parkway
Temecula, CA 92592
(951) 699-7476
Thrift store and resale boutique.

**Assistance League of Temecula Valley**
28720 Via Montezuma
Temecula, CA 92590
(951) 694-8018
www.temeculavalley.assistanceleague.org
An umbrella program that allows Assistance League of Temecula Valley to meet a range of community needs on a one-time, short-term or periodic basis.

**CA Department Of Public Health (CDPH)**
(916) 341-3947
Provides information on CDPH activities such as clinical, preventive, and outreach work.

**Calvary Chapel of Murrieta**
24225 Monroe Avenue
Murrieta, CA 92562
(951) 677-5667
www.ccmurrieta.com/ministries/care.asp
Non-perishable food, prayer, and clothing available to those in need.

**Calvary Church**
27462 Enterprise Circle West
Temecula, CA 92590
(951)699-0553
Free food box on Wednesday.

**Castaways Thrift Shop**
28720 Via Montezuma
Temecula, CA 92590
(951) 694-8018
Second hand thrift store.

**Circle of Care/Circle of Friends**
27635 Diaz Road # B
Temecula, CA 92590
(951)973-3582
Food distributed at parks. Toys at Christmas
Community Care Program
38801 Calistoga Drive
Murrieta, CA 92563
(951) 600-9112 ext. 100

Community Emergency Response Team (CERT)
32364 Overland Trail
Temecula, CA 92592
(951) 302-4548
Email: citizen.corps@cityoftemecula.org
Educate people in disaster preparedness for hazards that can impact their area and trains community members in basic disaster response skills.

Community Food Pantry of Murrieta
38444 Sky Canyon Drive #170-190
Murrieta, CA 92563
(951) 677-6347
Food & other assistance.

FEMA
www.ready.gov
Supports and prepares individuals for emergency situations.

Goodwill
(888) 4-Goodwill
Offers customized job training, employment placement and other services to people who have disabilities, lack education or job experience, or face employment challenges.

House of Decision
All Areas, CA
(951) 845-0103
A faith based short term emergency shelter for homeless women and women with children aged 2 years or less.

Lighthouse Food Pantry
38435 Innovation Court #101
Murrieta, CA 92563
(951) 698-7633
Food & clothing distribution.

Low-Income Home Energy Assistance Program (LIHEAP)
2038 Iowa Avenue, Suite B-102
Riverside, CA 92507
(951) 955-4900 or (800) 511-1110
Email: info@capriverside.org
www.capriverside.org/opencms/programs/utility.html
A one-time assistance program that helps low and moderate-income individuals and families with utility payment assistance. The program also offers energy conservation education.

Murrieta/Temecula Food Bank
27537 Jefferson Avenue
Temecula, CA 92590
(951)676-5155
Food pantry.

Outreach Ministry of His Light
(800) 960-4463

Reach
(951)778-3980
Provides assistance for pregnant mothers, newborns, and infants, senior, veterans as well as food & clothing and housing assistance.

Rescue Mission at Rancho Community Church
31300 Rancho Community Way
Temecula, CA 92592
(866) 712-0925 x101
Food distribution.

Riverside County
211 or (800) 464-1123
Referral information.

Riverside County Fire Department
(951) 955-4700
Emergency relief services.
**Salvation Army**  
27525 Jefferson Avenue  
Temecula, CA 92590  
(951)693-9615  
[www.salvationarmy.org](http://www.salvationarmy.org)  
Faith based organization.

**Salvation Army**  
40270 Los Alamos Road  
Murrieta, CA 92563  
(951) 677-6174  
[www.murrietasalvationarmy.org](http://www.murrietasalvationarmy.org)  
Food and clothing.

**St. Martha's Second Hand Treasures**  
38444 Sky Canyon Drive  
French Valley, CA 92563  
(951) 677-6347  
We provide weekly groceries to families and resources upon request. In addition to food assistance our St. Martha’s 2nd Hand Treasures program provides clothing, shoes and household item to families and persons in need.

**Temecula Murrieta Rescue Mission**  
**Rancho Community Church**  
31300 Rancho Community Drive  
Temecula, CA 92592  
(951) 526-1200  
[www.rescuemissiontm.org](http://www.rescuemissiontm.org)  
Low-to-no cost medical services.

**The Couture Girl's Closet**  
27540 Ynez Road Suite J15  
Temecula, CA 92591  
(951) 699-5758  
Provides semi-formal and formal dresses to high school girls who are unable to purchase their own dresses for high school events such as homecoming, winter formal and prom.

**The Sheepfold**  
**All Areas, CA**  
(877) 743-3736 or (951) 779-1433  
[www.thesheepfold.org](http://www.thesheepfold.org)  
Shelter, safe refuge, and a new beginning in life.

**Western Eagle Foundation**  
40940 County Center Drive  
(951)695-7206  
Food bank and food assistance center.

**Women, Infant, and Children Program**  
41002 County Center Drive, Bldg. B  
Temecula, CA 92591  
(800) 455-4942  
[www.rivhero.com/location/temecula-wic](http://www.rivhero.com/location/temecula-wic)  
This program provides supplemental foods, health care referrals and nutrition education for low-income pregnant, breastfeeding and non-breastfeeding postpartum women.
Government Agency Human Services

**County**

Social Services
43264 Business Park Drive Building #B-1
Temecula, CA 92590
(951) 600-6500
dpss.co.riverside.ca.us
Provides different forms of public assistance from pre-natal Medi-Cal services for low income women to subsidized in-home care for vulnerable seniors and disabled adults.

Referral & Info (211)
211 or (800) 464-1123
calcarenet.ca.gov/Detail/ServiceProvider.aspx?ID=26002
Information and referral hotline.

**State**

Americans With Disabilities Act (ADA)
(800) 514-0301 or TDD (800) 514-0383
www.ada.gov
Their website contains an ADA information line and information on their Technical Assistance Program, Enforcement, Code Certification, their ADA Mediation Program and more.

Centers for Disease Control (CDC)
(800) 232-4636
www.cdc.org
Provides information to enhance health decisions and promotes health through partnerships with state health departments and other organizations.

**Disability, State, Riverside**
(800) 480-3287

**Disease Control**
4065 County Circle Drive
Riverside, CA 92503
(951) 358-5107
Help protect public health through early detection, intervention, and treatment of communicable diseases.

**FEMA**
(800) 621-3362
www.fema.gov
Support citizens and first responders to ensure that as a nation we work together to build, sustain and improve our capability to prepare for, protect against, respond to, recover from and mitigate all hazards.

**US Department of Health and Human Services**
www.hhs.gov
Provide children, families, and seniors with access to high-quality health care by helping people find jobs and parents find affordable child care, by avoiding people's use infectious foods, and by pushing the boundaries of how we diagnose and treat disease.
Health Care Services

Medical Care

A+ Walk - in Urgent Care
41880 Kalmia Street Suite 100
Murrieta, CA 92562
(951) 461-6963
Walk-in urgent care.

Aragon Medical Center
41750 Winchester Road Suite N
Temecula, CA 92590
(951) 296-5544
Medical facility.

Children’s Treatment Services
3125 Myers Street
Riverside, CA 92503
(951) 358-4840
Provides assessment and treatment services to children and adolescents in the Riverside area. The clinic provides a continuum of outpatient and day treatment service in the clinic and on selected school sites. The services include individual, family, and group treatment. Community consultation and information is also provided.

Children’s Prime Care Medical Group
27555 Ynez Road #370
Temecula, CA 92591
(951) 699-3299
www.cpcmg.net
Deliver quality health care for patients and their families.

Diabetes Treatment Center
3865 Jackson Street
Riverside, CA 92503
(909) 688-0311
Diabetes Treatment Center.

Doctor Referral
(951) 788-FIND

Fallbrook Community Hospital
624 E. Elder Street
Fallbrook, CA 92028
(760) 728-1191
www.fallbrookhospital.com/Pages/Home.aspx
Hospital services include: Advances Sinus Care, Advanced Orthopedic Care, Cardiac Rehabilitation, Center for Specialty Services, Emergency Department.

Family Care Center, Riverside County
2499 E Lakeshore Drive
Lake Elsinore, CA 92530
(951) 471-4200
Family medical center.

Healthy Families
(800) 639-1115
Free-to-low cost health, dental, vision and mental health insurance for youth ages 0-19.

Healthy Kids
(800) 294-4347
Insurance for children who don't qualify for MediCal or Health Families.

Healtpointe
28991 Front Street #102
Temecula, CA 92590
(951) 699-5282
First Care industrial services.

Industrial / Immediate Family Medical Care
25285 Madison Avenue Suite 101
Murrieta, CA 92562
(951) 600-9070
Family medical facility.
Inland Urgent Care
31565 Rancho Pueblo Road (Hwy 79 So)
Temecula, CA 92592
(951) 303-6440
www.inlandurgentcare.com

Inland Valley Regional Medical Center
36485 Inland Valley Drive
Wildomar, CA 92595
(951) 677-1111
www.swhealthcaresystem.com
Hospital services include: Blood Bank, Childbirth Center, Emergency Department, Orthopedics, Radiology, Trauma Care, and Women's Continence.

Loma Linda University Medical Center
28062 Baxter Road
Wildomar, CA 92595
(951) 290-4000
www.llumcmurrieta.org
Provides Advanced Specialties, Advanced Surgery, Cancer Care, Diagnostic Imaging, Classes and Events and more.

MEDI-CAL Information
(951) 600-6500
Department of Social Services.

Medicare Help (HICAP)
Riverside, CA
(800) 434-0222
Free, one-on-one Medicare counseling.

Murrieta Prompt Care
25405 Hancock Avenue Suite 100
Murrieta, CA 92562
(951) 677-4100
Medical clinic.

Neighborhood Healthcare
41715 Winchester Road Suite 204
Temecula, CA 92591
(951) 719-1414
www.nhcare.org
Women's Health, Prenatal, Family Planning, Teen Clinic and Healthy Families/Medi-Cal Application Assistance.

Primary & Preventative Care
41715 Winchester Road 106
Temecula, CA 92590
(951) 694-9449
Prenatal medical care.

Primecare of Temecula
41391 Kalmia Street Suite 310
Murrieta, CA 92562
(800) 956-8000
Independent physicians to provide you and your family with personalized care in private office settings.

Rancho Springs Medical Center
25500 Medical Center Drive
Murrieta, CA 92562
(951) 696-6000
Medical facility.

Rescue Mission at Rancho Community Church
40810 County Center Dr
Temecula, CA 92591
(951) 526-1200
www.rescuemissiontm.org
Mon 6pm - 9pm

Social Security
(800) 772-1213
Medicare information.
**Temecula 24 HR Urgent Care**
41715 Winchester Road  
Temecula, CA 92590  
(951) 308-4451  
[https://temecula24hoururgentcare.com](https://temecula24hoururgentcare.com)

Temecula 24 Hour Urgent Care has the ability to provide episodic care for acute, non-life threatening illness and injury.

**Temecula Valley Hospital (Universal Health Services, Inc.)**
31700 Temecula Parkway  
Temecula, CA 92592  
(951) 972-4494  
[www.TemeculaValleyHospital.com](http://www.TemeculaValleyHospital.com)

Hospital services include: emergency services, comprehensive cardiovascular programs, general and orthopedic surgery, pulmonology, stroke care, nephrology, digital imagine, and urology care.

**Tri Valley Medical Group**
29738 Rancho California Road Suite B  
Temecula, CA 92591  
(951) 308-1822

Family urgent care.

**Women, Infants, and Children (WIC)**
41002 County Center Drive Building B  
Temecula, CA 92591  
(855) RIV-HERO or (855) 748-4376  
[www.rivhero.com](http://www.rivhero.com)

Riverside County WIC helps pregnant women, new mothers and young children eat well, stay healthy and be active. The program is funded by the U.S. Department of Agriculture (USDA).

**Women's Health & Prenatal - Care Only**
41002 County Center Drive Building B  
Temecula, CA 92591  
(951) 600-6300

Women's health and medical care.

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**Housing Assistance**

**Limited-income Housing**

**Fair Housing**
(800) 655-1812 or (909) 682-6581  
[WWW.fairhousing.com](http://WWW.fairhousing.com)

Serves both the fair housing advocacy community and the general public with timely news and information regarding the issues of housing discrimination.

**Foreclosure Advocate**
(951) 682-6581  
Fair Housing Council of Riverside County.

**Habitat for Humanity**
(951) 296-3362

Builds and repairs houses all over the world using volunteer labor and donations.

**Housing**
(951) 326-8000  
[www.bridgehousing.com](http://www.bridgehousing.com)

Low- to- moderate income & senior apartments

**Housing Authority**
(800) 655-4228

Section 8 housing.
Riverside County Assessor’s Office  
(951) 600-6200  
Homesteading.

U.S. Department of Housing & Urban Development (HUD)  
(888) 827-5605  
Provides assistance for single and multifamily housing and conducts health care and regulatory programs.

Legal Services

Family Justice Center  
(951) 304-5680  
[www.riverside.courts.ca.gov/familylaw/familylaw.shtml](http://www.riverside.courts.ca.gov/familylaw/familylaw.shtml)  
Handles cases in which people are ending a marriage or registered domestic partnership, identifying a child’s legal parents, determining custody and visitation issues, establishing or enforcing child and spousal support or dealing with domestic violence issues.

Legal Aid Clinic  
(951) 244-2920  
Free legal advice.

Legal Aid Society - Riverside  
(951)683-7108  
Legal aid and counsel.

Legal Assistance  
(951) 600-6500  
Department of Social Services.

Riverside County Lawyers  
(951) 682-7520  
Provides lawyer referral services.

Mental Health Services

County Services

County Helpline - Crisis/Suicide Intervention  
2060 University Avenue Suite 212  
Riverside, CA  92507  
(951) 686-4357  
[www.connectriverside.org/contact](http://www.connectriverside.org/contact)  
Services include: rental assistance, housing, transportation, professional and self-development, counseling, senior services and more.
Mental Health Department
41002 County Center Drive #320
Temecula, CA 92590
(951) 600-6350
www.rcdmh.org/opencms/english/help/adult.htm

Provides services to children with severe emotional and behavioral problems. Services include psychiatric evaluations, medication services, individual and family therapy, and case management services. Staff works closely with schools to provide services to students who experience academic problems as a result of their severe emotional problems. Parent partners offer support and advocacy services to parents whose children are receiving services at the clinic.

Crisis Intervention

Covenant House
(800) 999-9999
www.covenanthouse.org/homeless-youth-programs/crisis-care
The Covenant House accepts homeless kids in crisis. They meet their basic needs – a nourishing meal, a shower, clean clothes, medical attention, and a safe place away from the dangers of the street.

Counseling

National Alliance on Mental Illness (NAMI) - Temecula Valley
41050 Avenida Verde
Temecula, CA 92591
Email: infor@namitv.org
www.namitv.org
NAMI's mission is to support, educate and advocate for those with mental illness and also their families, friends, and the public.

Riverside County Department of Mental Health Wellness Recovery Action Plan (WRAP)

41002 County Center Drive Building B #320
Temecula, CA 92591
(951) 600-6355
Educational workshops to help individuals struggling with mental illness to recover.
Military Families & Veteran Resources

Camp Pendleton
(760)725-8386
Offers a broad spectrum of training facilities for many active and reserve Marine, Army and Navy units, as well as national, state and local agencies.

March Air Force Reserve
(951) 655-1110

Marine Corps. Air Station-Miramar
(858) 577-1011

Recreation & Leisure

Community Recreation Center (CRC)
30875 Rancho Vista Road
(951) 694-6410
Facility for special events, banquets, receptions, large parties, or meetings.

Friends of the Temecula Library
(951) 600-6270
Promotes welfare for libraries.

Girl Scouts (San Gorgonio Council, Colton)
26855 Jefferson Avenue Suite B
Murrieta, CA 92562
(951) 308-6692 or (800) 400-4475
Serves more than 10,000 girls in Riverside and San Bernardino counties with the dedicated support of 5,000 adult volunteers.

Grace Mellman Community Library
41000 County Center Drive
Temecula, CA
(951) 296-3896

Murrieta Library
(951) 600-Book

Noonan Family Swim School, Inc.
26039 Jefferson Blvd.
Murrieta, CA 92562
(951) 813-9500
Email: murrieta@noonanswim.com
www.noonanfamilyswimschool.com
Offers swim lessons to children through adults. The have two indoor warm water pools that are open year-round. They also offer water aerobics classes designed for teens, adults, and seniors.

Pennypickle's Workshop
42081 Main Street
Temecula, CA 92590
(951) 308-6370
Children's workshop.

Susan G Komen Race for the Cure
43397 Business park Dr Suite D-9
Temecula, CA 92590
(951) 678-7465 (Pink) or (951) 676-7223 (Race)
Email: info@komenie.org
www.komenie.org/about-us/contact-us
Dedicated to combating breast cancer at every front.
Teen Center
30875 Rancho Vista Road
Temecula, CA 92590
(951) 694-6410
Teen recreation center.

Temecula Community Center (TCC)
8816 Pujol Street
Temecula, CA 92590
(951) 694-6469

Temecula Community Services Department
41000 Main Street
Temecula, CA 92590
(951) 694-6480
www.cityoftemecula.org
The Community Services Department is dedicated to providing an award winning complement of recreational and cultural programs, community and human services and special events activities aimed at enhancing the high quality of life of our youth, teens, adults, seniors and special needs population-- we create community through people, parks and programs.

Temecula Public Library
30600 Pauba Road
Temecula, CA
(951) 693-8900

Temecula Youth Baseball
Temecula, CA 92590
www.temeculapony.com

The Boys & Girls Club
28790 Pujol Street
Temecula, CA 92590
(951) 695-0181 or (951) 699-1526
www.bgcswn.org
Provides before and after school transportation and care as well as sports and other recreational programming.

The Cove Jurupa Aquatic Center
4310 Camino Real
Riverside, CA 92509
(951) 360-1974
www.CoveWaterpark.com
Pool and waterpark for the entire family.

Zircon Productions
23830 Tonnet Circle
Romoland, CA 92585
(951) 928-0787 or (951) 255-2594
Email: kath@zirconproductions.com
www.zirconproductions.com
Offers beginning art classes with a new subject every week. No experience necessary to attend "Paint Parties". Offered in private settings or at community centers. Low cost and supplies are provided for an additional fee.

Resource Hotlines

24 hour Detox Referral Line
(800) 499-3008

24 hour Psychiatric Emergency Treatment Services (ETS)
(951) 686-7273

24 hour Suicide/Crisis Intervention
(951) 686-4357

AIDS Hotline
(800) 342-2437
Alternatives to Domestic Violence
(951) 683-0829 OR (800) 339-7233
www.alternativestodv.org/home.html
Provide a 24 hour domestic violence crisis hotline.

American Cancer Society
(951) 683-6415 or Riverside (800) 227-2345

American Council for the Blind
(800) 424-8666

American Diabetes Association
(951) 343-0304 or (800) 232-3472

American Heart Association
(800) 834-1670

American Lung Association
(619) 297-3901 or (800) 586-4872

California Office of Problem Gambling
(800) GAMBLER
www.problemgambling.ca.gov
24/7 support to youth and families of gambling-related problems and addictions.

Cancer Information Service
(800) 422-6237

Cancer Society
(951) 698-4722

Center Against Sexual Assault
Hemet, CA
(951) 652-8300

Child Abuse Victims
(800) 422-4453

Child Help USA Hotline
(800) 422-4453
Is dedicated to the prevention of child abuse. The Hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in 170 languages.

Child Protective Services - 24 hour hotline
(800) 442-4918
dpss.co.riverside.ca.us/childrens-services-division
When the situation is not an emergency, Riverside County Child Protective Services operates a 24-hour child abuse hotline to receive reports of abuse and neglect of children (under the age of 18 years old).

Children Missing - 24 hour hotline
(800) 222-3463

Chronic Fatigue & Immune Dysfunction Info Line
(800) 442-3437

Cocaine
(951) 359-3895 or (800) 347-8998

Cocaine Anonymous
(951) 359-3895 or (800) 347-8998

Community Emergency Response Team (CERT)
(951) 302-4548
Email: citizen.corps@cityoftemecula.org

County Helpline-Crisis/Suicide Intervention
(951) 686-4357

County Mental Health Services
(951) 358-4705

Covenant House-Crisis Hotline
(800) 999-9999
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crisis Information and Referral</td>
<td>(800) 464-1123</td>
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<tr>
<td>Crisis Outpatient Service-Mental Health</td>
<td>(951) 358-4705</td>
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<tr>
<td>Domestic Violence Riverside County</td>
<td>(951) 686-4402</td>
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<tr>
<td>Domestic Violence -safe</td>
<td>(951) 587-3900</td>
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<tr>
<td>Drug Abuse Treatment</td>
<td>(951) 683-6596</td>
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<tr>
<td>Emergency Services</td>
<td>(951) 955-4700</td>
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<tr>
<td>Emergency Treatment Services (Non-Profit)</td>
<td>(951) 358-4881</td>
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<td>24hrs/7days</td>
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<tr>
<td>Gambler's Treatment Hotline</td>
<td>(800) 994-0899</td>
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<tr>
<td>Helpline of Riverside- Crisis/ Intervention</td>
<td>(951) 686-HELP</td>
</tr>
<tr>
<td>Missing Children</td>
<td>(800) 222-3463</td>
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<tr>
<td>National Drug &amp; Alcohol</td>
<td>(800) Alcohol</td>
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<tr>
<td>National Suicide Prevention Lifeline</td>
<td>(800) 273-TALK (8255)</td>
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<td>suicidepreventionlifeline.org</td>
</tr>
<tr>
<td>Riverside Volunteer Center (Non-Profit)</td>
<td>(951) 686-help (4357)</td>
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<tr>
<td></td>
<td>24hrs/7days</td>
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<tr>
<td>Smoker's Hotline</td>
<td>(800) 662-8887</td>
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<tr>
<td>Social Services (AFDC, Food Stamps, WIC)</td>
<td>(951) 600-6500</td>
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<tr>
<td>Suicide/ Crisis Intervention</td>
<td>(951) 686-4357</td>
</tr>
<tr>
<td>Tabaco Use Reduction Now</td>
<td>(800) 637-6653</td>
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<tr>
<td>Temecula Emergency</td>
<td>(951) 506-5111</td>
</tr>
<tr>
<td>Treatment &amp; Referral</td>
<td>(800) 662-HELP</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.drughelp.org">www.drughelp.org</a></td>
</tr>
<tr>
<td>Youth Crisis</td>
<td>(800) 843-5200</td>
</tr>
<tr>
<td>Community Directory</td>
<td></td>
</tr>
<tr>
<td>24/7 hours Suicide/Crisis Intervention</td>
<td>(951) 686-4357</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.connectriverside.org/contact">www.connectriverside.org/contact</a></td>
</tr>
<tr>
<td>911 dispatcher (Temecula Only)</td>
<td>(951) 776-1078</td>
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<tr>
<td>Air Quality</td>
<td>(909) 396-200 or (800) 242-4666</td>
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<tr>
<td>Airports - Complaints - FAA</td>
<td>(951) 276-6701</td>
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<tr>
<td>Airports - French Valley</td>
<td>(951) 677-2756</td>
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<tr>
<td>Airports - John Wayne</td>
<td>(949) 252-5200</td>
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<tr>
<td>Airports - Los Angeles</td>
<td>(310) 646-5252</td>
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</tbody>
</table>
Airports - Ontario
(951) 937-2700

Airports - Palm Springs
(760) 318-3800

Airports - San Diego
(619) 686-8040

Amtrak
(800)872-7245

Animal Control/License Lake Elsinore
(951) 674-0618

Animal Control/License Wildomar
(951) 471-8344

Armed Forces Recruitment Center
(951) 296-2095

Arts Council
(951) 695-2787 or (951) 216-8193

Aspiring Angels
(951) 676-1997

Assessments/Taxes - County of Riverside Assessor
(951) 600-6200

Assessments/Taxes - TCSD - Barbara
(951) 693-3995

Association for Retarded Citizens
(951) 688-5141

Attention Deficit Disorder
(951) 678-7452

Autism Task Force
(951) 694-7452

Bereavement Support
(951) 672-1666

C.A.S.A. Court Appointed special advocates
(951) 304-5220

California School for the Deaf
(951) 782-6500

CARE -Elder abuse
(909) 245-3324

Caregiver's Support
(951) 672-9536

Catholic Charities
(951) 766-7476

Centers for Disease Control
(800) 232-4636

City of Temecula Emergency Citizen Hotline
(951) 506-5111

Covenant House-Crisis Hotline
(800) 999-9999
www.covenanthouse.org/homeless-youth-programs/crisis-care

Emergency
911

Missing Children Hotline
(800) 222-3463

National Center for Missing & Exploited Children
(800) 843-5678
Safety Resources

Murrieta Police Department  
(951) 304-2677 ext. 6761  
Murrieta citizens only

Old Town Civic Center PD  
(951) 506-5130  
Megan's Law

Riverside County Sheriff  
(800) 950-2444

Substance Abuse Resources

Al-Anon/Alateen Meeting Information Line  
610 W 9th Avenue  
Escondido, CA 92025  
(800) 356-9996 and (760) 746-0102  
www.al-anon.alateen.org/meetings/meeting.html  
Offers organized support groups for family and friends of alcoholics.

Alcohol & Drug Abuse Prevention Info. & Referral  
(800) 879-2772 or (800) 454-8966  
Alcohol & Drug Programs

Alcohol & Drug Referral Network  
(888) 304-9797

Alcohol Beverage Control (ABC)  
(951) 782-4400  
abc.ca.gov  
Administers the provisions of the Alcoholic Beverage Control Act in a manner that fosters and protects the health, safety, welfare, and economic well-being.

Alcoholics Anonymous  
28636 Old Town Front Street Suite 106  
Temecula, CA 92590  
(951) 695-1535  
www.temeculacentraloffice.org/index.html  
Supportive group meetings.

Cocaine Anonymous  
(951) 359-3895 or (800) 347-8998  
www.ca.org/index.html  
Cocaine Anonymous is a free fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction.

County Services

Hill Alcohol & Drug Treatment Center  
Lyndie Ln.  
Temecula, CA 92590  
(951) 676-8241  
hillrecovery.com  
They are a center for addiction treatment, offering a broad spectrum of alcohol and drug recovery for substance abusers and their families.
MFI Recovery
25186 Hancock Avenue #100
Murrieta, CA  92562
(951) 698-8558
www.mfirecovery.com/index.aspx
Address detoxification and teen addiction as well as provide abuse treatment programs and counseling.

National Clearinghouse for Drug & Alcohol (24 hours)
(800) 662-4357
Provides information, referral, prevention, education, training, community awareness, advocacy, intervention, treatment, and recovery support.

National Drug & Alcohol
(800) Alcohol
www.800alcohol.com
They provide addiction treatment, intensive outpatient programs, inpatient treatment programs, criminal justice services, and have a 24-hour referral hotline.

Public/Non-profit Services
Riverside Treatment Center
(951) 784-8010
Substance & Alcohol

Saving Grace Homes
(909) 205-2991
www.savinggracehomes.com
A sober living home for vets, court mandated and/or parolees.

Teen Challenge-"Turning Point"
(951) 683-4241
A nine week course for families of substance abusers. A course is also provided for teens.

The High Road
(951) 781-6762
DUI, Prop 36, Drug Diversion, testing.

Treatment & Referral
(800) 662-HELP
www.drughelp.org
Leads public health efforts to advance the behavioral health of the nation.

Supportive Services/Case Management Resources

Alternatives to Domestic Violence
P.O. Box 910
Riverside, CA 92502
(951) 683-0829 or (800) 339-7233
www.alternativestodv.org
Programs include court advocacy, anger management, counseling, community education, workplace violence, and shelter programs.

American Cancer Society
6355 Riverside Ave Suite 101
Riverside, CA 92506
683-6415 or Riverside (800) 227-2345
www.cancer.org
Provides information about cancer, staying health, supportive services, and treatment.
American Council for the Blind  
(800) 424-8666  
www.acb.org  
Supports independence, security, equality of opportunity, and quality of life, for all blind and visually-impaired people

American Diabetes Association  
343-0304 or (800) 232-3472  
www.americandiabeteswholesale.com  
An affordable, wholesale diabetes market; products include at-home test kits, blood pressure monitors, books, food and testing accessories.

American Heart Association  
(800) 834-1670  
www.heart.org/HEARTORG  
Provides educations regarding getting health, conditions, healthcare, CPR and ECC. Educators can also receive guidance on good habits and good health for the classroom and for the gym. Caregivers can be informed on rights, responsibility, resources, and more.

American Lung Association  
2750 4th Avenue  
San Diego, CA 92103  
(619) 297-3901 or (800) 586-4872  
www.lung.org/about-us  
Working to save lives by improving lung health and preventing lung disease through Education, Advocacy and Research.

Center Against Sexual Assault  
640 N San Jacinto Street  
Hemet, CA 92543  
(866) 373-8300 or (951) 652-8300  
www.swcasa.org  
Offers counseling, information and referrals, advocacy, rape exams, judicial system, law enforcement accompaniment, support groups for adolescents and adults for rape victims and survivors. They are also involved in community education and conducting rape prevention presentations.

Community Outreach Ministry  
23905 Clinton Keith Road Suite 114-116  
Wildomar, CA 92595  
(951) 698-7650  
Email: info@communityoutreachministry.org  
www.communityoutreachministry.org  
Programs, services, and events targeted towards at-risk youth.

Dependence National Council  
(951) 788-8211

Diabetes Treatment Center  
3865 Jackson Street  
Riverside, CA 92503  
(909) 688-0311  
Diabetes treatment center.

Domestic Violence Riverside County  
2060 University Avenue  
Riverside, CA 92507  
(951) 686-4402

Domestic Violence -safe  
28910 Pujol Street  
Temecula, CA 92590  
(951) 587-3900  
www.safefamiliesca.org/index.cfm  
Provides domestic violence assistance out of the Family Justice Center (FJC).
**Michelle's Place**
27645 Jefferson Ave Suite 117
Temecula, CA 92590
(951) 699-5455
www.michellesplace.org
Provides patient navigation, breast health assistance, pink ribbon assistance, a wellness program, educational resources, and support services.

**Riverside County Employment Services**
4080 lemon Street
Riverside, CA 92502
(951) 955-3500 or (951) 955-8688 (for hearing impaired)
Email: hrdept@rc-hr.com
www.rc-hr.com/contactus/tabid/223/defult.aspx

**Temecula Valley USD SELPA - Workability I**
31350 Rancho Vista Road
Temecula, CA 92592
(951) 506-7070
Email: bdillon-denton@tvusd.k12.ca.us
www.tvusd.k12.ca.us/sped_overview
Provides services for students enrolled in school ages 16-22. WAI is a grant-funded program that allows some students the opportunity to do work training and receive subsidized employment at business partnerships in the community. They also provide information assessments and interviews, which include discovering career interests, discussing/researching continued education/trades post-High School, filling out applications, resume, writing, and more.

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**Support Groups**

**County Services**

**Pregnant and Postpartum Support Group**

**Hemet Family Care Center**

880 N. State Street
Hemet, CA 92543
(951) 358-5438
www.rivco-familycarecenters.org
A free group that provides support, resources, a listening ear and a connection to other mothers and mothers-to-be experiencing similar feelings with pregnancy and parenting.

**Dependence National Council**

(951) 788-8211
www.ncadd.org/index.php
NCADD provide unbiased, professional, objective information and referral support for individuals and family members faced with alcohol or drug problems ensuring that those in need have access to mutual aid/support groups and/or appropriate treatment services regardless of age, sex, race, religion, creed or socio-economic status. This organization assists in prevention, providing education and training, community awareness, advocacy, intervention, treatment, and recovery support.
Public/Non-profit Services

Bosom Buddies
(951) 244-4664

Michelle's Place
41785 Elm Street Suite 305
Murrieta, CA 92562
(951) 304-1280
Breast cancer resource center.

Mothers Against Drunk Drivers (M.A.D.D)
(951) 766-8802
www.madd.org
Protects families from drunk driving and underage drinking. MADD also supports drunk and drugged driving victims and survivors at no charge.

Positive Parenting Program (Triple P)
(803) 451-2277
Email: rita@triplep.net
www.cebc4cw.org/program/triple-p-positive-parenting-program
Parenting program.

Susan G. Komen
26765 Madison Avenue
Murrieta, CA 92562
(951) 304-9500
www.komenie.org
Foundation dedicated to education and research about causes, treatment, and the search for a cure.

Trauma Intervention Center (TIP)
(951) 695-1862
Provides support for victims of traumatic event and their families in the first hours following tragedy.

Transportation Resources

Community Action Patrol
(951) 696-3479
www.cityoftemecula.org/Temecula/Government/Police/Teams/CommunityActionPatrol.htm
The primary function of the Community Action Patrol (CAP) is to patrol the streets of Temecula. Assignments include surveillance details, anti-graffiti suppression programs, business checks, vacation home checks, school route patrols, and crime scene security.

Commuter Calculator
www.swrco.com/commuter.asp
Offers premium domains that are brandable for nearly any industry.

Department Of Transportation
(800) 424-9393
www.dot.gov/about
Offers fast, safe, efficient, accessible and convenient transportation system that meets our vital national interests and enhances the quality of life of the American people, today and into the future.

Dial a Ride
(800) 795-7887
Offers Dial-a-ride, which is made available to seniors the disabled, Medicare card holders, and children.
Greyhound at Temecula Stage Stop  
28464 Front Street  
Temecula, CA 92590  
(951) 676-2059  
www.greyhound.com  
Provides one way and round-trip transportation and offers four discount types: military roundtrip, companion fare, student advantage, and veterans advantage.

Johnboy's Confidential Transportation  
(888) 956-6296  
Confidential transportation.

Riverside County Transportation Commission  
(866) RIDESHARE  
www.rctc.org  
Provides incentive transportation for employers and commuters.

Riverside Transit Agency  
(951) 565-5002  
www.riversidetransit.com/home  
The Riverside Transit Agency offers low-cost bus fares to the general public, youth, seniors, disabled, and Medicare card holders. Dial-a-ride is also available to seniors the disabled, Medicare card holders and children.
The Mary Phillips Senior Center (MPSC) offers a wide variety of services and activities and is equipped with four pool tables, a library, classrooms and auditorium.

The Actıve Adults/Senior Services section has been dedicated by the Mary Phillips Senior Center.

For more information about Senior Services please direct questions/comments to Candice Adkisson-Flohr at (951) 694-6464.
Alzheimer's Association
225 N. Michigan Avenue, Fl. 17
Chicago, IL 60601
(800) 272-3900
www.alz.org
Alzheimer's advocate, education and resource center.

American Association of Retired Persons (AARP)
601 E. Street NW
Washington, DC 20049
(800) 388-4555
Email: member@aarp.org
www.aarp.org
Advocate and coordinator for tailoring products, services, and discounts to people over 50.

California Department of Aging Health Insurance Counseling and Advocacy Program (HICAP)
1300 National Drive, Suite 200
Sacramento, CA 95834
(800) 434-0222
www.aging.ca.gov/hicap
The primary local source for accurate and objective information and assistance with Medicare benefits, prescription drug plans and health plans.

California Department of Aging Long Term Care Ombudsman CRISIS Line
1300 National Drive, Suite 200
Sacramento, CA 95834
(800) 231-4024
www.aging.ca.gov
Program designed to investigate and resolve complaints made by or on behalf of individual residents in long term care facilities.

California Department of Aging Senior Information Line
1300 National Drive, Suite 200
Sacramento, CA 95834
(800) 510-2020
www.aging.ca.gov
Senior information hotline and resource center.

Riverside County Adult Protective Services
561 N. San Jacinto Avenue
Hemet, CA 92543
(800) 491-7123
www.pss.co.riverside.ca.us
Accepts and responds to reports of dependent adult and elder abuse.

Riverside County Office on Aging
749 N. State Street
Hemet, CA 92543
(951) 791-3565
www.rcaging.org
Aging and disability network and resource center.

Senior California Consumer Resource Center
(800) 952-5210
www.dca.ca.gov/consumer/seniors/index.shtml
Senior consumer resource center.

Senior Gateway
www.seniors.ca.gov
Online senior resource center that focuses on avoiding and reporting abuse, fraud prevention, health care information, rights and other resources.
Social Security Administration
7880 Mission Grove Parkway South
Riverside, CA 92508
(800) 772-1213
www.socialsecurity.gov
Federal Social Security Administration Department.

United Cerebral Palsy of the Inland Empire
35-325 Date Palm Drive #139
Cathedral City, CA 92234
Main office: (760) 321-8184 or Skill Builders Program: (760) 321-8284 ext. 105
Email: info@ucpie.org
www.ucpie.org
Provides in-home respite, skill builders/community integration, and resource and referrals.

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**Behavioral Health**

Center for New Directions
41690 Enterprise Circle North #212
Temecula, CA 92590
(951) 389-4484
Email: maryscott104@gmail.com
www.centerfornew.com
Medicare approved mental health services: grief, depression, process addiction in gambling, food, sex, and finances. Home visits.

Viking Clinical Research
29645 Rancho California Road, Suite 133
Temecula, CA 92591
(951) 695-6238 or (800) 670-4960
Email: jay@vikingcr.com, beth@vikingcr.com, or maria@vikingcr.com
www.vikingcr.com
In search of patients who may have Alzheimer's and the accompanying agitation that often presents itself with this diagnosis. The study is for a non-narcotic medication that may help calm the agitation. Both the caregiver and the patient will receive $60.00 per visit.
Curtailing Abuse Related to the Elderly (C.A.R.E.)
561 N. San Jacinto Avenue
Hemet, CA 92543
(800) 476-7506
www.dpss.co.riverside.ca.us
Program designed to service the victims of elder abuse and consumer crime.

In Home Supportive Services
1400 Minthorn Street
Lake Elsinore, CA 92530
(951) 245-3050
www.dpss.co.riverside.ca.us
Program that helps pay for services provided to ensure that participants receive help while remaining safely at home.

Inland Counties Legal Services
1040 Iowa Avenue Suite 109
Riverside, CA 92507
(951) 320-7500
www.inlandlegal.org
Provides free civil legal assistance to seniors who are 60 years or older and residing in Riverside or San Bernardino counties.

Inland Empire Home Health and Hospice
27851 Bradley Road Suite 125
Sun City, CA 92586
www.iehh.com
Home health and end of life non curative treatment services provider.

Riverside County Adult Protective Services
561 N. San Jacinto Avenue
Hemet, CA 92543
(800) 491-7123
www.dpss.co.riverside.ca.us
Accepts and responds to reports of dependent adult and elder abuse.

Riverside County Bar Association Lawyer Referral Service
4129 Main Street Suite 100
Riverside, CA 92501
(951) 682-7520
Email: rcba@riversidecountybar.com
www.riversidelrs.org
County lawyer referral service that offers no cost consultation services for income qualified senior citizens.

Riverside County Department of Mental Health: Older Adult Services
41002 County Center Dr. Bldg. B STE 320
Temecula, CA 92591
(951) 600-6355
www.rcdmh.org/opencms/english/Mental_Health_Services/olderadults
Assists older adults in recovering and maintaining a physical and emotionally healthy lifestyle so that they may remain in their home or community-based housing for as long as possible.

Riverside County Office on Aging: Senior Helplink
749 N. State Street
Hemet, CA 92543
(951) 791-3565
www.rcaging.org
Aging and disability network and resource center.

Riverside Transit Agency Reduced Fares for Senior and Disabled Persons
(951) 565-5002
Discounted fare service for senior and disabled persons.
Education

California Mature Driver Program
5770 Armada Drive Suite 200
Carlsbad, CA 92008
(800) 448-7916
www.mature.idrivesafely.com
Traffic school and drivers education for drivers over 55.

Leading Edge Learning Center
26111 Ynez Road
Temecula, CA 92591
(951) 378-8017 Nina Henry, Regional Manager
Email: nina@lelc.net
www.leadingedgelearningcenter.net
A community education resource for senior learners, supporting skill growth (beginners and advanced levels). There is a variety of programs to strengthen the mind and body. Financial assistance available through Leading Edge Educational Foundation 501(c)3.

Research for Life
41743 Enterprise Circle North, Suite 104
Temecula, CA 92590
(951) 719-3334
Email: info@research-for-life.org
www.research-for-life.org
A research based whole body donation organization.

Equipment & Supplies

United Medical Supplies, Inc.
8811 Shirley Avenue
Northridge, CA 91324
(818) 718-2811
www.unitedmedinc.com
Medical equipment and supply company.

Wheelchair City
41610 Date Street #105
Murrieta, CA 92562
(951) 677-5568
Email: wheelchaircity@msn.com
www.wheelchaircity.com
Specializes in all Home Health Equipment Needs.
Health & Wellness

Advanced Chiropractic
31285 Temecula Parkway, Ste. 260
Temecula, CA 92592
(951) 303-8486
Email: advanced_chiro@verizon.net
www.temecula-chiro.com
Chiropractic, acupuncture, and massage. Senior discounts and Medicare Providers.

Arbonne
28312 Halcyon Court
Menifee, CA 92584
(626) 513-6631
Email: sarahstephens@myarbonne.com
www.sarastephens.myarbonne.com
Provides skin care, health & nutrition products for men and women. All of the products are botanically based and vegan certified with an emphasis on anti-aging and needed nutrients for seniors. Our products are pure, safe & beneficial.

Arthritis Foundation - Greater San Diego Branch
8555 Aero Drive, Suite 200
San Diego, CA 92123
(858) 492-1090
Email: ncoate@arthritis.org
www.arthritis.org
Supports more than 174 types of arthritis and related conditions.

Donate Life California
3465 Camino Del Rio South
San Diego, CA 92108
(866) 797-2366
Email: info@donatelifecalifornia.org
www.donatelifecalifornia.org
The state-authorized nonprofit organization responsible for managing the organ, eye and tissue registry.

Geri-Fit Company, LLC
P.O. Box 2522
Temecula, CA 92593
(951) 694-6873
Email: fran@gerifit.com
www.gerifit.com
An evidence-based strength training exercise program for older adults, ages 65+. The program is performed seated in chairs with a set of 2-pound dumbbell weights. There is no choreography, dancing, or floor work. The program helps to improve strength, balance, and flexibility, which helps reduce the chance of falls.

Green Chiropractic
43950 Margarita Road, Suite A
Temecula, CA 92592
(951) 302-0130
Email: info@green-chiropractic.com
www.green-chiropractic.com
Provides gentle chiropractic care for all ages. They are participating providers for Medicare, as well as many PPO's and HMO's.

Heartbeats Drumming
24885 Whitewood Road, Suite 102
Murrieta, CA 92563
(951) 775-0032
Email: heartbeats.clark@gmail.com
www.heartbeatsdrumming.com
Provides health, wellness, recreational and therapeutic group empowerment drum circles and drumming education.
**Hemet Dermatology**  
28078 Baxter Road, Suite 312 or 720 East Latham Avenue, Suite 1  
Murrieta / Hemet, CA 92563 / 92543  
(951) 658-9461  
Email: hemetdermatology@gmail.com  
www.hemetdermatology.com  
Serves dermatology needs. They offer pediatric and adult diseases of the skin, and OHS surgeries (skin cancer surgeries).

**Kangen Alkaline Water**  
42030 Main Street, Ste. F  
Temecula, CA 92590  
(951) 970-7868  
Email: drinkthekangenwater@gmail.com  
www.drinkthewater.com  
Supply alkaline antioxidant water that can bring an individual’s body into a balanced PH so it can heal itself from diabetes, acid reflux, cancer, and many other degenerative diseases. They deliver the water free to an individual’s house for two weeks in order to see if the water works for them.

**Heritage California ACO**  
8510 Balboa Boulevard, Suite 150  
Northridge, CA 91325  
(818) 307-6242  
Email: hverni@regalmed.com  
www.heritagecaliforniaACO.com  
The organization will provide free health and wellness presentations, fitness programs, and health screenings.

**Low Vision Rehabilitation Specialist**  
6260 River Crest Drive, Suite G  
Riverside, CA 92507  
(909) 709-6642  
Email: debbymorganlvrs@gmail.com  
Low Vision Rehabilitation Services and solutions. Free in-home demonstrations of low vision equipment by OVAC and Enhanced Vision.

**Horizon Valley Home Health Care, Inc.**  
28999 Old Town Front Street, Suite 106  
Temecula, CA 92590  
(951) 699-4017  
Email: helpdesk@horizonvalleyhomehealth.com  
www.horizonvalleyhomehealth.com  
A home health agency that provides clinical and compassionate care for those who are home-bound due to illness, injury, or who have come home after surgery.

**Inter Valley Health Plan**  
P.O. Box 6002  
Pomona, CA 91769  
(800) 251-8191, ext. 240  
Email: mcrow@ivhp.com  
www.ivhp.com  
Provides health insurance products.

**Michele Ballard Registered Dietitian**  
772 Via Sierra Nevada  
Riverside, CA 92507  
(951) 369-3297  
Email: umicheleballard@gmail.com  
Provides basic nutrition and cooking classes, grocery store tours, and individual nutrition consulting. Specializes in allergies and intolerances, diabetes, weight management, and cardiovascular health.

**Michelle's Place, Breast Cancer Resource Center**  
27645 Jefferson Avenue #117  
Temecula, CA 92590  
(951) 699-5455  
Email: kgoodnough@michellesplace.org  
www.michellesplace.org  
Provides free and low cost diagnostic breast health services. They offer a wide variety of free resources to women and their families dealing with breast cancer.
Morning Song Farm
4805 5th Street
Rainbow, CA 92028
(888) 816-3335
Email: csa@morningsongfarm.com
www.morningsongfarm
A local, organic Community Supported Agriculture subscription farm. Our subscribers enjoy a weekly or every-other-week box of our beautiful fruit and vegetables year round. Door deliveries are available to those that need this service.

OneLegacy
221 S. Figueroa Street, Suite 500
Los Angeles, CA 90012
(213) 356-5213
Email: eospinaawad@onelegacy.org
www.onelegacyfoundation.org
Educate and inspire individuals about organ and tissue donation. They conduct presentations to various groups within the community, such as DMV employees, high school students, civic organizations, senior centers, and many more.

Research for Life
41743 Enterprise Circle North #104
Temecula, CA 92590
Office: (951) 719-3334 or Cell: (480) 599-6622
Email: kcabrera@researchforlife.org
www.researchforlife.org
Whole body donor program for medical research and educational purposes. No cost transportation or no cost cremation.

Home Care Assistance/Assisted Living

Atria Vintage Hills
41780 Butterfield Stage Road
Temecula, CA 92591
(951) 538-1605
Email: shirlene.gehl@atriavintagehills.com
www.atria-vintagehills.com
Assisted, independent living and respite services.

Bonafide Care at bay
41743 Enterprise Circle N. Suite 205
Temecula, CA 92590
(951) 296-9262
Email: inhomecare715@gmail.com
www.bonafidecareatbay.com
Provides in-home care service for seniors, which includes assistance with activities for daily living, personal care, recuperative care, Alzheimer/dementia care and hospice care.
Charter Hospice  
24910 Las Brisas Road #107B  
Murrieta, CA 92562  
(951) 233-2795  
Email: trishcarroll.charterhealthcaregroup.org  
www.charterhealthcaregroup.org  
Hospice under Medicare/Medicaid.

Comforcare Home Care  
27851 Bradley Road, Suite 100  
Sun City, CA 92586  
(951) 246-3411  
Email: kellimount@comforcare.com  
www.corona.comforcare.com  
Primary services include: bathing, light housekeeping, medication reminders, cooking, errands, transportation, and companionship. They are trained to care for Alzheimer's & dementia.

Comfort Keepers Non-Medical Homecare  
27715 Jefferson Avenue, Suite 113G  
Temecula, CA 92590  
(619) 435-6318  
Email: sdsouthbay@comfortkeepers.com or sdsouthbay@comfortkeepers.com  
www.comfortkeepers.com  
Home care service provider designed to help seniors maintain optimal levels of independence in the comfort of their own homes.

Connexxus Adult Care Services  
29995 Evans Road  
Menifee, CA 92586  
(951) 672-9536  
Email: jsacdalan@careconnexxus.org  
www.careconnexxus.com  
Adult day, health, social services and socialization activity center.

Golden Heart Home Health Care Services  
P.O. Box 857  
Wildomar, CA 92595  
Fendi: (951) 326-0870 or Ruby: (951) 880-8567  
Email: goldenhearthomehealth@gmail.com  
Caregiver assistance.

Heritage Senior Care, Inc.  
24619 Washington Avenue, Suite #203  
Murrieta, CA 92563  
(951) 461-4066  
Email: marsha@heritageseniorcare.com  
www.heritageseniorcare.com  
Provides companion care, personal care, and end-of-life care. Complimentary assessments.

Home Care Assistance/Assisted Living

A Beacon of Care  
44628 Kornell Street  
Temecula, CA 92592  
(951) 261-9596  
Email: abeaconofcare@gmail.com  
www.abeaconofcare.com  
Provide: 24/7 caregivers, hygiene/incontinence assistance, medication management, specialized diets, recreation activities, wheelchair accessible, clubhouse amenities (spa, silver fitness, & game room), and private and shared rooms.
Accent Care Personal Care
27851 Bradley Road, Suite 140
Sun City, CA 92586
(951) 347-2846
Email: skoontz@accentcare.com
www.accentcare.com
Non-medical in-home personal care services. Services include bathing, dressing, medication, reminders, meal preparation, light housekeeping, laundry, grocery shopping/errands, companionship, escort and transportation services. Hourly and live-in caregivers only 2-hour minimum. Free assessment.

Home Instead Senior Care
25136 Hancock Avenue, Suite A
Murrieta, CA 92562
(951) 696-2100
www.homeinstead.com
Franchise network of caregivers who provide senior home care services.

Hospice of the Valleys
25240 Hancock Avenue, Suite 120
Murrieta, CA 92562
(951) 200-7800
Email: knecochea@hovsc.org
www.hospiceofthevalleys.org
Provides end-of-life care to patients and their families, which includes doctor, nurse, and home health aide visits, medical equipment, supplies, medications, therapies, social workers, spiritual care and bereavement.

In-Home Supportive Services Public Authority
12125 Day Street, Suite S-101
Moreno Valley, CA 92557
(888) 470-4477
Email:
IHSSPublicAuthority@riversidedpss.org
www.dpss.co.riverside.ca.us/public-authority
The mandate of the Public Authority is to establish a Registry of screened and trained Home Care Workers and match them with IHSS Consumers who need their help.

Inland Caregiver Resource Center
1430 E. Cooley Drive, Suite 124
Colton, CA 92324
(800) 675-6694
Email: info@inlandcaregivers.org
www.inlandcaregivers.com
Caregiver resource center for counseling, family consultation/care planning, referral and legal consultation services, and respite care.

Inland Empire Home Health and Hospice
890 W. Stetson Avenue, Suite B
Hemet, CA 92543
(951) 658-9288 or (951) 672-4829
Email: cdeaconn@iehhh.org
www.iehhh.com
Specialized home health services including clinical care and assistance with life limiting illness.

Innovative Health Care Consultants
557 E. Alvarado
Fallbrook, CA 92028
Local: (760) 731-1334 or Toll Free: (877) 731-1442
www.innovativehc.com
Geriatric case/care manager service assisting older adults and their families with long term care arrangements.
Lillibets Place, Adult Day Care  
24710 Washington Avenue #819  
Murrieta, CA 92562  
(951) 696-4747  
Email: elizabethwhittington@charter.net  
www.lillibetsplace.com  
Adult Day Program for memory impaired individuals. Provides a licensed, secure environment M-F, 8am-5pm. Full-time RN, hot meals, medication management, incontinent care, social therapeutic programs.

Mission Home Health  
2375 Northside Drive, Suite 200  
San Diego, CA 92108  
(888) 871-0766  
Email: info@homewithmission.cmo  
www.homewithmission.com  
Provides Home Health services (skilled care) including RN, PT, OT, St, HHA for patients in their home.

Murrieta Gardens  
24200 Monroe Avenue  
Murrieta, CA 92562  
(951) 600-7676  
Email: murrietamkg@isillc.com  
www.murrietagardens.com  
Assisted living home and personal care services provider.

My Choice In-Home Care  
31610-4 Railroad Canyon Road  
Canyon Lake, CA 92587  
(951) 244-8770  
Email: zinzi112@gmail.com  
www.mychoiceinhomecare.com  
In-home care for elderly consisting of: companionship, transportation, meal preparation and planning, medication reminders, light housekeeping & dementia care. We provide hourly care with a 3-hour minimum, as well as 24-hour live-in care.

Never Alone Living Assistance  
28441 Rancho California Road, Suite 207  
Temecula, CA 92590  
(951) 491-0150  
Email: Homecare@Neveralone1.com  
www.neveralone1.com  
In or out of home personal care, caregiving and supportive care services provider.

Ramona VNA & Hospice  
27851 Bradley Road #125  
Sun City, CA 92586  
(951) 672-4829  
www.ramonavna.org  
Promote the highest quality of life possible for patients and families by providing superior home health and hospice care within the communities we serve.

Ramona VNA & Hospice  
890 W. Stetson Ave Suite A  
Hemet, CA 92543  
(951) 658-9288  
www.ramonavna.org  
Promote the highest quality of life possible for patients and families by providing superior home health and hospice care within the communities we serve.

Right at Home  
29379 Rancho California Road, Suite 104  
Temecula, CA 92591  
(951) 506-9628  
Email: info@rahtemecula.org  
www.rahtemecula.com  
Provides in-home care and assistance for seniors and disabled adults. Additionally, they offer companionship, homemaking, physical assistance, hygiene and wellness.

Safe Services for Seniors  
Fallbrook, CA 92028  
Email: ChristinaLMorrison@yahoo.com  
Free assistance with in-home care services and assisted living alternatives.
Salus Home Care  
11681 Sterling Avenue, Unit H  
Riverside, CA 92503  
(951) 782-0537  
Email: info@salushomecare.com  
www.salushomecare.com/in-home-health-care-agency-riverside  
Medical and non-medical home-based health and care giving service provider

Senior Care Living Options  
402 S. Pacific Street  
Oceanside, CA 92054  
(760) 310-7123  
www.seniorcarelivingoptions.com  
Coordinator and provider for independent and assisted living services, board and care facilities and the Alzheimer's community.

Senior Care Referral Specialists  
Menifee, CA 92584  
(951) 824-8299  
Email: help@Srcareinfo.com  
www.srcareinfo.com  
Provides FREE education and referrals to senior living and care options 7 days a week. Services include: assisted/independent living, residential care comes, dementia/Alzheimer’s care, daycare & in-home care, and community resources.

The Chateau at Harveston  
40024 Harveston Drive  
Temecula, CA 92591  
(951) 308-9200  
Email: Jodie.Thunderburk@holidaytouch.com  
www.chateauharveston.com  
Temecula senior independent living community.

The Cherry Hills Club  
28333 Valley Blvd.  
Sun City, CA 92586  
(951) 679-8811  
Email: jessica.wiggins@brookdaleliving.com  
www.brookdaleliving.com/cherry-hills-club.aspx  
Provides and exciting array of social, educational & cultural programs, assistance with everyday tasks (meals, housekeeping, transportation, etc.), a full spectrum of individualized care and wellness services tailored to meeting the needs of assisted living residents (available when needed).

Vitas Innovative Hospice Care  
7898 Mission Grove Parkway, Suite 200  
Riverside, CA 92508  
(909) 386-6000  
Email: laurie.rexford@vitas.com  
www.vitas.com  
Hospice care.

Wildomar Senior Assisted Living  
32365 S. Pasadena  
Wildomar, CA 92595  
(951) 678-1555 ext. 24  
Email: pam@wildomarsenior.com  
www.wildomarsenior.com  
Senior citizen community in which caregivers can be provided.
Homeless & Emergency Relief

Mary Phillips Senior Center
41845 Sixth Street
Temecula, CA 92590
(951) 694-6464
Email: seniorcenter@cityoftemecula.org
www.cityoftemecula.org
Senior lunch program. The suggested donation is $3.00, but a senior will not be turned away because they cannot pay. Senior transportation and activities provided.

Next of Kin Registry (N.O.K.R.)
2020 Pennsylvania Avenue NW #908
Washington, DC 20006
(800) 915-5413
Email: admin@pleasenotifyme.org
Free public proactive emergency contact system.

Senior Citizens Service Center & Food Bank
41538 Eastman Drive, Suite C
Murrieta, CA 92562
(951) 600-9557
Email: info@seniorcitizensfoodbank.com
Emergency bread program, food bank, thrift store and assistance programs service provider.

U.S. Department of Housing and Urban Development Housing Resources for Seniors in California
451 7th Street S.W.
Washington, DC 20410
(202) 708-1112
www.hud.gov/local/ca/homeownership/seniors.cfm
Housing counseling agency, legal assistance and subsidized apartment search services for seniors.

Medical/Health Services

Amante & Associates Insurance Solutions
27450 Ynez Road, Suite 230
Temecula, CA 92591
(951) 676-8800
Email: steve@amanteandassociates.com
www.amanteandassociates.com
Specialize in Medicare Health Plans. Clients are provided with choices by offering most of the health plan companies.

American Senior Safety Agency
4712 Admiral Way #229
Marina Del Rey, CA 90292
(888) 473-2800
www.seniorsafety.com
Medical alert and monitoring system provider for older adults.
Bel Villaggio Eye Care
41257 Margarita Road, Suite B-103
Temecula, CA 92592
(951) 587-2333
Email: belvillagioeyecare@gmail.com
www.belvillagioeyecare.com
Offer eye care for entire families. Contact lenses, fashion optical, and lenses.

Care Alternatives Hospice
7344 Magnolia Avenue
Riverside, CA 92504
(951) 353-8006
Email: marie.kelly@carealt.com / lashea.west@carealt.com
www.carealt.com
Hospice services.

Crown Surgery Medical Group, Inc.
25470 Medical Center Drive, Suite 203
Murrieta, CA 92562
(951) 973-7290
Email: tanyauribe1@hotmail.com
www.crownsurgery.com
Provide medical care with an emphasis on patient care, health privacy and wellness.

Humana, Inc.
5421 Avenida Encinas, Suite N
Carlsbad, CA 92008
(619) 991-4875
Email: skickey@humana.com
www.humana.com
Offers quality, affordable, coordinated health care coverage. Products include Medicare Advantage plans with prescription drug coverage, stand-alone prescription drug plans, and Medigap.

Inland Regional Center
1365 W. Waterman Avenue
San Bernardino, CA 92408
(909) 890-3000
www.inlandrc.org
Provide case management services to individuals and their families in San Bernardino and Riverside Counties.

James D. Yanoschik, DDS
40140 Winchester Road, Suite A
Temecula, CA 92591
(951) 695-1870
Email: yanodental@peoplepc.com
www.temeculacosmeticdentist.com
Private practice dental office works with patients to help them achieve optimal oral health, which leads to optimal general overall health.

Ku Family Dentistry
27349 Jefferson Avenue #202
Temecula, CA 92590
(951) 296-6330
Email: kufamilydentistry@gmail.com
www.temecula-family-dentist.com
Office provides comprehensive dental care, which includes oral exams, oral cancer screenings, routine cleanings, gum disease treatment, dentures, fillings, and many more services to help you achieve optimal oral health.

LoBue Laser & Eye Medical Centers
40945 Winchester Road / 40700 California Oaks Road #106
Temecula / Murrieta, CA 92591 / 92562
(951) 696-1135, ext. 212
Email: shirleyw@lobue2020eyes.com
www.lobue2020eyes.com
Complete comprehensive eye exams using the latest cutting edge technology in cataract surgery. Lens implantation and precision testing with a full-service optical retail store for glasses and contact fittings.
Marian Hughes Insurance
26429 Allentown Drive
Menifee, CA 92586
(951) 295-2042
Email: mjjob180@msn.com
www.marianhughes.com
Simplifies and explains Medicare and Medici options that are available to seniors.

Pacific Heart Medical Group
25470 Medical Center Drive, Suite 201
San Diego, CA 92562
(951) 698-4433
Email: tanyauribe1@hotmail.com
www.pacific-heart.com
Practice combines the highest skilled cardiac clinicians and the prudent use of advanced ultrasound and nuclear technology for investigation and accurate diagnoses. Provides timely cardiovascular care as the provider of choice in our community.

Perpetual Motion Physical Therapy
28975 Old Town Front Street #201
Temecula, CA 92590
(951) 595-1738
Email: cpoolman@pmpttemecula.org
www.pmpttemecula.com
Provides therapy for acute/chronic pain, pre-post-surgical rehabilitations, sprains, and strains, neurological dysfunctions and lymphedema.

Procare Pharmacy
25405 Hancock Avenue, Suite 100
Murrieta, CA 92562
(951) 304-2038
Email: procarerx1@gmail.com
www.procarerx.us
Provides free delivery service to seniors and accept all Medicare prescription plans. Provide 90 days supply to Medicare patients, customize compounding services, and have on-sight prescription consultation services.

Rancho Family Medical Group
28780 Single Oak Drive, Suite 160
Temecula, CA 92590
(951) 676-4193
Email: jsnow@ranchomed.com
www.ranchofamilymed.com
Provides healthcare from newborns to geriatrics.

Redhawk Vision Center
31685 Temecula Parkway, Suite A
Temecula, CA 92592
(951) 302-5580
Email: redhawkvisioncenter@gmail.com
www.redhawkvisioncenter.com
Provides eye examinations, treatment of eye diseases, eyeglasses and contact lenses.

Riverside County Health Department
(951) 358-5192
Adolescent family life programs.

SCAN Health Plan
3800 Kilroy Airport Way, Suite 100
Long Beach, CA 90806
(888) 531-7226, ext. 3154
Email: choward@scanhealthplan.com
www.scanhealthplan.com
Medical coverage for health and independence. In addition to the Classic Medicare Plan, they offer Special Needs Plans for heart patients and diabetics.

Senior Health Plans
23075 Twinflower Avenue
Wildomar, CA 92595
(951) 805-8670
Email: micand04@verizon.net
Provides Medicare Advantage Plans and house calls.
Smiles to You
P.O. Box 1013
Temecula, CA 92593
(951) 541-1206
Email: smilestoyou@aol.com
Mobile Dental Hygiene Services. Portable equipment allows them to provide dental cleanings in the comfort of your own living environment. Specialize in the geriatric population, and patients with special needs - including Alzheimer's, skilled and hospice care.

Southland Arthritis & Osteoporosis Center
31515 Rancho Pueblo Road, Suite 203
Temecula, CA 92592
(951) 303-1500
Email: ccianci@southlandarthritis.com
www.southlandarthritis.com
Rheumatology clinic treating arthritis, RA, lupus, gout, fibromyalgia, and osteoporosis. Services include: Deka and infusion center in office. Adults only!

Strachota Insurance
27710 Jefferson Avenue, Suite 100
Temecula, CA 92590
(951) 541-4564
Email: pat@strachota.com
Free comparisons of Senior Insurance Options for those "aging" into 65, those moving into the area and during OEP (Medicare Open Enrollment Period, annually from 10/1 - 12/7)

Susan G. Komen, Inland Empire
43397 Business Park Drive, Suite D-9
Temecula, CA 92590
(951) 676-7465
Email: sbryant@komenie.org
www.komenie.org
Provides breast health and breast cancer education, as well as local resources for breast cancer screening, diagnostic services, treatment support, financial assistance, and patient navigation.

Take Shape for Life
Dan O'Neal (949) 632-0745 / Becky O’Neal (949) 632-0730
Email: dan.teamTSFL@gmail.com
www.beckyoneal.tsfl.com
A disease and weight management program. They guide people to achieving Optimal Health and use MediFast as a tool to get the weight off quickly. During that time, they are coaching and training individuals to replace bad habits with good healthy ones.

Temecula Valley Central Office
28636 Old Town Front Street, Suite 106
Temecula, CA 92590
(951) 695-1535
Email: temeculaaaa@verizon.net
www.temeculacentraloffice.org
Business office for 130 meetings of Alcoholics Anonymous in the Valley.

Temecula Valley Hospital
31700 Temecula Parkway
Temecula, CA 92592
(951) 331-2220
Email: nancy.obenberger@uhsinc.com
www.temeculavalleyhospital.com
Patients can expect specialty care in an innovative environment, with attention to detail. The hospital features 24-hour emergency services, comprehensive cardiovascular program, general and orthopedic surgery, stroke care, 24-hour visitation in 140 private patient rooms.
**Temecula Valley Radiation Oncology**  
36320 Inland Valley Drive, Suite 105  
Wildomar, CA 92595  
(951) 200-6874  
Email: tanyauribe1@hotmail.com  
www.tvradiation.com  
Provides: Intensity-modulated radiation therapy, electron radiotherapy, gamma knife and brachytherapy at other facilities, free transportation to patients, early hours to those with time restrictions, commitment to provide timely patient scheduling, large and comfortable waiting area with snacks and beverages, and access to our website so patients can fill out necessary forms prior to their appointment.

**The Traveling Toothbrush**  
27890 Clinton Keith Road, D-308  
Murrieta, CA 92562  
(951) 973-9833  
Email: 4myteeth@gmail.com  
www.thetravelingtoothbrush.com  
Personalized dental hygiene services provided in the comfort and convenience of your own home. Provide above and below the gum cleanings, oral cancer screenings, referrals, and tooth sensitivity treatments.

**Total Health FX**  
23830 Tonnet Circle  
Romoland, CA 92585  
(951) 928-0787  
Email: contact@totalhealthfx.com  
www.totalhealthfx.com  
Provides holistic natural health care alternatives for prevention and remedy. Offer a holistic health program and individual services of therapeutic massage and vegan nutritional consulting and a discount health food co-op.

**Total Thermal Imaging Services**  
29995 Technology Drive #202  
Murrieta, CA 92563  
(951) 743-6900  
Email: thermo4life@gmail.com  
www.thermographyinlandempire.com  
Safe radiation-free breast and body screenings. Thermography is a great tool for prevention and early detection.

**Tri Valley Urology Medical Group**  
25495 Medical Center Drive #204  
Murrieta, CA 92562  
(951) 698-1901  
Email: info@trivalleyurology.com  
www.trivalleyurology.com  
Urologists specialize in disorders and diseases of the male and female urinary tract and male reproductive organs. Patients with prostate disease, bladder control issues, and men's reproductive health are seen. Clinical trials are offered at NO COST.

**Valley Physicians Network**  
24630 Washington Avenue, Suite 203  
Murrieta, CA 92562  
(800) 956-8000  
www.valleyphysiciansnetwork.com  
A network of independently contracted physicians. They are affiliated with PrimeCare Networks offering the largest panel of private practice primary care physicians and specialists in the Inland Empire.
**VNA California (Visiting Nurse Association)**
39815 Alta Murrieta Drive #C4
Murrieta, CA 92563
(951) 337-6703
Email: tracey.rose@vnacalifornia.org
www.vnacalifornia.org
Provides in-home nursing care throughout Riverside, San Bernardino, and North San Diego counties. Patients benefit from our caring Home Health, Hospice, and Palliative Care services within the comfort of their homes or places or residence.

**Your Health Options Insurance**
3990 Concours, Suite 500
Ontario, CA 91764
(909) 518-2128
Email: rbartley@nammcal.com
www.yourhealthoptionssocal.com
A licensed, independent insurance agency serving Riverside, San Bernardino, and San Diego counties. They work exclusively with Medicare eligible individuals to help them select the best Medicare program to meet their needs with multiple health plan choices.

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**Other**

**Aging-in-Place Remodeling**
29910-G Murrieta Hot Springs Road, Suite 537
Murrieta, CA 92563
(951) 760-6728
Email: aipremodeling@verizon.net
www.aipremodeling@verizon.net
Home modifications for seniors and individuals facing accessibility challenges. They sell and install grab bars, ramps, accessible showers, walk-in tubs, shower and bath seats, elevators, lifts, hallway and doorway widening.

**California Telephone Access Program (CTAP)**
1333 Broadway, Suite 500
Oakland, CA 94612
(510) 302-1157
Email: matkins@ddtp.org
www.californiaphones.org
Free specialized phones make it easier to hear, dial, and call California phones from the California Telephone Access Program (CTAP). They provide free specialized telephones to eligible Californians so they can stay connected.

**Community Access Center**
6848 Magnolia Avenue #150
Riverside, CA 92506
(951) 274-0358
Email: execdir@ilcac.org
www.ilcac.org
Empower persons with disabilities to control their own lives, create an accessible community and advocacy to achieve complete social, economic, and political integration.
Dia's Delicious Dishes
45566 Masters Drive
Temecula, CA 92562
(951) 845-5916
Email: diasdlishsdishes@aol.com
Personal chef services, which provides meal services for seniors. They offer individualized menus to meet your needs, tastes, dietary restrictions, and budget. Short or ongoing meal service.

LHM Wealth Management, Inc.
23075 Twinflower Avenue
Wildomar, CA 92595
(951) 505-3213
Email: harry.paez@securitiesamerica.com
www.lhmwealth.com
Investments - Insurance - Member

Murrieta Valley Funeral Home
24651 Washington Avenue
Murrieta, CA 92562
(951) 696-0626
Email: murrietavalleyfh@hotmail.com
www.murrietavalleyfuneralhome.com
Full service mortuary providing burial and cremation services for families throughout the Inland Empire and surrounding Southern California Counties.

Neighbors Newspaper
31566 Railroad Canyon Road, #2 PMB 575
Canyon Lake, CA 92587
(951) 244-7025
Email: diane@neighborsnewspaper.com
www.neighborsnewspaper.com
Regional monthly publication. Lifestyles and events scheduled for Southwest Riverside County.

Options Funeral & Cremation Service
601-D Crane Street
Lake Elsinore, CA 92530
(951) 674-3703
Email: optionsfcs@hotmail.com
www.murrietaevalleyfuneralhome.com
We are a family owned and operated full service mortuary with a crematory on our premises. Preplanning services are available. Our chapel is available for services.

Seeing Thru Darkness
39553 Canary Circle
Temecula, CA 92591
(951) 693-3060
Email: happygus@verizon.net
Meet Bill and Kristi Harrison, along with their seeing eye dogs. They are visually impaired and live independently. They are available for speaking engagements and can share about sight loss and how seeing eye dogs are trained to act as a mobility tool to aid the blind and visually impaired.

Silverado Memory Care
1500 Borden Road
Escondido, CA 92026
(760) 215-5517
Email: rtopete@silveradocare.com
www.silveradocare.com
Provides quality care for people suffering from Alzheimer's disease, Parkinson's and other memory disorders.
Temecula Public Library
30600 Pauba Road
Temecula, CA 92592
(951) 693-8922
Email: rosie.vanderhaak@rivlib.net
www.temeculalibrary.org
The library offers a grant funded program called S.N.A.P.L. - Special Needs Access at your Public Library. SNAPL resources include a play and learn island, a collection of books for adults and children, databases, three iPads loaded with useful software, and storytimes. Services available to all, but of particular interest to seniors include: Braille books, large print resources, audiobooks, eBooks, genealogy resources, computers, adult programs, foreign language material, and volunteer opportunities.

Trusted Business Partners Networking, Inc.
P.O. Box 147
Sun City, CA 92586
(951) 233-0355
Email: trustedbusinesspartners@gmail.com
www.trustedbusinesspartners.org
Provides business networking groups consisting of "trusted" business professionals & small business owners whose primary purpose is to exchange qualified business leads in a truly effective referral program. Several local chapters meet weekly to share qualified business leads and references.

Recreation/Socialization

Central County United Way Retired & Senior Volunteer Program
418 E. Florida Avenue
Hemet, CA 92543
(951) 929-0423
www.ccuw.org
Volunteer service program provider for retired persons and seniors.

City of Temecula Sports Division
32380 Deer Hollow Way
Temecula, CA 92592
(951) 302-4136
www.cityoftemecula.org/Temecula/Residents/Sports
Offers sports programs for all ages including a senior softball league.

Geri-Fit Company, LLC.
P.O. Box 2522
Temecula, CA 92593
(951) 694-6873 or (888) GERI-FIT
Email: info@gerifit.com
www.gerifit.com
Improves strength, balance and arthritic conditions. Helps prevent osteoporosis by making bones and muscles stronger. Most of the exercises are performed seated in chairs.
Mary Phillips Senior Center
41845 6th Street
Temecula, CA 92590
(951) 694-6464
Email: seniorcenter@cityoftemecula.org
www.cityoftemecula.org/Temecula/Residents/ParksFacilities/SeniorCenter
A focal point for an array of programs and services important to the quality of life for the seniors in our community. The center is a multipurpose facility and offers opportunities for involvement and companionship with a wide range of social, recreational, and educational programs promoting wellness.

Pacific Flyway Charter
7296 Isabella Villa Court
Highland, CA 92346
(888) 735-9929
Email: charter@pflyway.com
www.pflyway.com
Professional charter bus services to local casinos. Specialize in Daily Bingo trips to San Manuel Indian Bingo & Casino. Plus, can accommodate special group trips through Southern California. Future State-line, Laughlin and Las Vegas trips.

The Tabby House Cat Rescue Senior for Seniors Adoption Program
(951) 282-1074
Email: thetabbyhousecatrescue@yahoo.com
www.tabbycts.tripod.com
Local, low fee senior cat adoption program.

Cool and Warm Centers at the Mary Phillips Senior Center
41845 6th Street
Temecula, CA 92590
(951) 694-6464
Email: seniorcenter@cityoftemecula.org
www.cityoftemecula.org/Temecula/Residents/ParksFacilities/SeniorCenter
A senior center and drop-in site for vulnerable individuals, seniors, the disabled, and others in need of temporary relief from hot or cold temperatures.

Do Revive CPR & First Aid
28935 Frankfort Lane
Temecula, CA 92591
(951) 201-0424
Email: dorevivecpr@gmail.com
CPR/AED and First Aid training and certification to caretakers, whether friends, family, and medical staff. Classes are available in English and Spanish at your location or mine.
**Riverside Transit Agency Senior Ambassador/Travel Training Program**

4080 Lemon Street, 3rd Floor
Riverside, CA 92501
(951) 565-5002 or (951) 787-7141
www.rctc.org/commuters/transit/specialized-transit-providers

Free personalized travel training program for older adults and persons with disabilities. RCTC has long demonstrated a strong commitment to assist the mobility of those with special transit needs. Through this program: *someone who is disabled can go to work on his or her own. *Someone who is aged can shop at the neighborhood grocery store. *Someone who is low on money can get to the doctor.

### Supportive Services

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>AARP Foundation Tax-Aide</td>
<td>200 S. Los Robles Avenue, Suite 400 Pasadena, CA 91101</td>
<td>(866) 448-3614</td>
<td><a href="mailto:taxaide@aarp.org">taxaide@aarp.org</a></td>
<td><a href="http://www.aarp.org/money/taxes/aarp_taxaide">www.aarp.org/money/taxes/aarp_taxaide</a></td>
</tr>
<tr>
<td>Community Action Partnership of Riverside County (CA) Riverside</td>
<td>2038 Iowa Avenue, Suite B-102 Riverside, CA 92507</td>
<td>(951) 955-4900</td>
<td><a href="mailto:info@capriverside.org">info@capriverside.org</a></td>
<td><a href="http://www.capriverside.org">www.capriverside.org</a></td>
</tr>
<tr>
<td>In-Home Supportive Services</td>
<td>1400 Minthorn Street Lake Elsinore, CA 92530</td>
<td>(951) 245-3050</td>
<td><a href="mailto:info@IEHHH.ORG">info@IEHHH.ORG</a></td>
<td><a href="http://www.iehhh.com">www.iehhh.com</a></td>
</tr>
<tr>
<td>Inland Empire Home Health and Hospice</td>
<td>27851 Bradley Road, Suite 125 Sun City, CA 92586</td>
<td>(951) 672-4829</td>
<td><a href="mailto:info@IEHHH.ORG">info@IEHHH.ORG</a></td>
<td><a href="http://www.iehhh.com">www.iehhh.com</a></td>
</tr>
<tr>
<td>National Caregivers Library</td>
<td>901 Moorfield Park Drive, Suite 100 Richmond, VA 23236</td>
<td>(804) 327-1111</td>
<td><a href="mailto:info@caregiverslibrary.com">info@caregiverslibrary.com</a></td>
<td><a href="http://www.caregiverslibrary.org">www.caregiverslibrary.org</a></td>
</tr>
</tbody>
</table>

CAP Riverside is an anti-poverty agency that assists low-income residents with: utility assistance, mediation, financial literacy, weatherization, conflict resolution, free tax preparation, and matched savings.

In-Home Supportive Services is a program that helps pay for services provided to ensure that participants receive help while remaining safely at home.

Inland Empire Home Health and Hospice is a home health and end of life non curative treatment services provider.

National Caregivers Library is a national organization that provides tools and resources that address the needs of caregivers and their loved ones.
Riverside County Office on Aging
749 N. State Street
Hemet, CA 92543
(951) 791-3565
www.rcaging.org
Aging and disability network and resource center.

Safe Services for Seniors
(714) 904-2902 or Toll Free: (866) 445-6748
Email: ChristinaLMorrison@yahoo.com
Free services for seniors surrounding independent living, assisted living and in home care needs.

VisionAware Senior Site
Email: visionaware@afb.net
www.visionaware.org
Online community and directory for older adults who are losing their sight.

Technical Resources

American Red Cross Riverside County Chapter Lifeline
6235 River Crest Drive Suite A
Riverside, CA 92507
(888) 831-0031
Email: tdurica@oc-redcross.org
www.redcross.org/ca/riverside/local-programs-services/lifeline
The American Red Cross Lifeline program provides peace-of-mind and access to help around-the-clock. Lifeline is easy-to-use and reduces the risk of living alone. In the event of a fall or other emergency, help is literally available at the push of a button.

AT Network
(800) 390-2699 / TTY: (916) 325-1695
Email: info@atnet.org
www.atnet.org
The AT Network is dedicated to expanding the accessibility of tools, resources and technology that will help increase independence, improve personal productivity and enhance the quality of life for all Californians.

Verizon Wireless Nationwide 65 Plus Plans
(800) 922-0204
www.verizonwireless.com/b2c/plan/nationwide-65-plus
Cell phone program with pricing and plans designed for adults over 65.
Support pain reduction and swelling, the restoration of mobility and correct functioning as well as assisting patients in reaching their goals as well as the goals their physician and physical therapist.
The Community Services Department is committed to providing programs and opportunities for individuals with disabilities. In that effort, our staff is available to work closely at meeting the needs of youth and adults with special needs who participate in city programs or activities. Our goal is to ensure that all individuals with special needs receive the same quality experience, access to community programs, and full participation in our community events. Please direct questions/comments to Yvette Martinez at (951) 694-6480.
The Southwest California Autism Task Force is a group of elected officials from cities in Southwest Riverside County who have joined together to find solutions to the difficulties faced by individuals and families affected by autism.

The Special Needs Services section has been dedicated by the Southwest California Autism Task Force.
Advocacy office of Theresa Sester
41593 Winchester Road #200
Temecula, CA 92592
(951) 251-4437
Email: theresa@4iephelp.org
facebook.com/4iephelp
Helps families navigate the special needs educational system, develop individualized Education Programs and understand their children's rights under the Individuals with Disabilities Education Improvement Act.

Another Way
1365 S. Waterman Ave
San Bernardino, CA 92408
(909) 890-3045
Email: AnotherWayIRC@gmail.com
www.AnotherWayIRC.com
Helping Children & Adults with Developmental Disabilities.

Ask My Advocate
41593 Winchester Road #200
Temecula, CA 92530
Contact: Araceli Barriga (951) 436-8534
Email: askmyadvocate@yahoo.com
www.askmyadvocate.org

Autism Hwy
Email: info@autismhwy.com
www.autismhwy.com
Autismhwy.com hopes to empower our community by allowing people to connect, learn and showcase what each can contribute. Their mission is to promote friendship through common understanding.

Autism Research Institute (ARI)
(866) 366-3361 or Spanish (877) 644-1184 ext. 5
www.autism.com
Provides parents and caretakers of those with autism with conferences, e-newsletters, online discussion forums, and support lines. Resources for adults with ASD are also offered.

Autism Society of the Inland Empire
2276 Griffin Way Suite 105-194
Corona, CA 92879
(951) 220-6922
Email: ieautism@att.net
www.ieautism.org

California Advocates for Long-Term Care Medical Assistance (CALMA)
387 Magnolia Avenue #103-336
Corona, CA 92879-3308
(877) CALMA-02 or (877) 225-6202
www.calma4u.org
Serves older adults and persons with disabilities at-risk throughout California. CALMA's mission is to promote empowerment, prevent abuse and advocate for the rights and dignity of those experiencing health and aging issues.

California Department of Education
(800) 926-0648
www.cde.ca.gov/sp/se/fp
Provides technical assistance information and resources for parents, school districts, advocates, agencies and others of procedural safeguards regarding students between ages 3 and 21 with disabilities and their educational rights.
Center for Deafness - Inland Empire (CODIE)
3576 Arlington Avenue Suite 211
Riverside, CA 92506
(951) 275-5000 / TDD: (951) 275-0640
codie.org

Community Access Center
6848 Magnolia Avenue Suite 150
Riverside, CA 92506
(951) 274-0358
www.ilcac.org

Down Syndrome Association of Inland Empire
30295 Morse Road
Hemet, CA 92544
(951) 852-1054
Email: dsahemet@yahoo.com
www.dsaie.org
Our mission is to promote public awareness and community acceptance, provide advocacy, resources, and support to families and individuals affected by Down Syndrome. We also want to empower individuals with Down Syndrome to reach their full potential.

Down Syndrome Family Support of Temecula Valley
209.234.213.39/WebCalendar/ESFRN/English/EventDetails.aspx?id=2086

Epilepsy Foundation of Greater Los Angeles
5777 W. Century Blvd Suite 820
Los Angeles, CA 90045
(800) 564-0445 or (310) 670-2870
www.epilepsyfoundationla.org
The Epilepsy Foundation of Greater Los Angeles will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through services, education, advocacy and research.

Fiesta Familiar
163 South Ave Suite 201
Los Angeles, CA 90031
(323) 221-6696
Email: info@fiestaeducativa.org
www.fiestaeducativa.org
Educational program designed for families of persons with special needs and developmental disabilities

Inland Regional Center
1365 S. Waterman Ave
San Bernardino, CA 92408
(909) 890-3000
www.INLANDRC.org
Coordinates with generic service agencies to normalize the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community by facilitating needed supports for them.

Interactive Autism Network (IAN)
www.ianproject.org

National Alliance on Mental Illness (NAMI) - Western Riverside
3839 Brockton Ave
Riverside, CA 92507
(951) 345-1193 or (951) 686-5484
Email: namihemet@gmail.com
www.NAMIRiverside.org
NAMI Western Riverside provides a way for families and friends to assist each other and provide emotional support in times of crisis as well as during daily coping with a mental illness diagnosis.

No Barriers
24750 Fair Dawn Lane
Moreno Valley, CA 92557
(951) 247-8150
Email: Knowbarriers@yahoo.com
Disabled Access Compliance Consulting & Advocacy Services.
Our Nicholas Foundation (ONF)
31493 Rancho Pueblo Road #205
Temecula, CA 92592
(951) 303-8732
Email: TeamONF@gmail.com
www.OurNicholasFoundation.org
ONF's primary mission is to increase awareness of Autism and to provide financial support for education, therapies, families and research organizations that enrich the lives of children with Autism Spectrum Disorders.

SEARCH Family Autism Resource Center
UC Riverside
Riverside, CA
(951) 827-3849
www.searchcenter.ucr.edu

State Council on Development Disabilities
1507 21st Street Suite 210
Sacramento, CA 95811
(916) 322-8481
www.scdd.ca.gov
The State Council on Developmental Disabilities (SCDD) is established by state and federal law as an independent state agency to ensure that people with developmental disabilities and their families receive the services and supports they need.

Team of Advocates for Special Kids (TASK)
4164 Brockton Avenue
Riverside, CA 92501
(951) 328-1200 / Fax: (951) 328-8738
Email: taskca@yahoo.com
www.taskca.org
Provides assistance in seeking and obtaining necessary education, early intervention, medical, and therapeutic support services.

Temecula Valley Civitan
30139 Heritage Street
Murrieta, CA 92563
Contact: Pierre Turgeon (951) 252-5493
Email: PierreT100@yahoo.com
www.civitan.org
They are a non-profit agency and work with the developmentally disabled. They are a worldwide organization.

The Epilepsy Center
6185 Magnolia Avenue Suite 63
Riverside, CA 92506
(951) 281-9892
Email: Lgarrison@TheEpilepsyCenter.org
www.theepilepsycenter.org

United Cerebral Palsy of the Inland Empire
35-325 Date Palm Dr Suite 139
Cathedral City, CA 92234
(760)321-8184
www.ucpie.org
Educates, advocates and provides support services to ensure a life without limits for people with a spectrum of disabilities.

Systems Change Network (SCNet)
1234 H Street #100
Sacramento, CA 95814
(916) 325-1690
The SCNet calls to action the California Disability Communities and allies, through community organizing, advocacy, education, leadership development and coalition building to effect systems change in local, state and national issues.
Unlocking Autism
(866) 366-3361
www.unlockingautism.org
Assists parents via a national call center providing 24 hour parent-to-parent phone support hotline. Also provides education on issues related to autism and a network to assist parents of children newly diagnosed with autism.

Educational Resources

Online Education

ABA4Autism
www.aba4autism.com
They offer a 10 hour, online ABA course for caregivers and professionals about the basics of applied behavioral analysis and how to manage behavioral problems in their children.

Post-Secondary Education

California Baptist University
(951) 689-5771
www.calbaptist.edu

California State University, San Bernardino
(909) 537-5000
www.csusb.edu

College Internship (CIP)
4510 E. Pacific Highway Suite 450
Long Beach, CA 90804
(562) 961-9250 ext. 223
www.ciplongbeach.org
CIP's full-year postsecondary programs provide young adults with Asperger's, and other Learning Disabilities with the social, academic, career, and life skills necessary for success.

Chaffey Community College
(909) 980-6490
www.chaffey.edu

College of the Desert
(760) 346-8041
www.collegeofthedesert.edu

Crafton Hills Community College
(909) 794-2161
www.sbccd.org

DeVry University
1090 E. Washington Street Suite H
Colton, CA 92324
(909) 514-1808
www.devry.edu
DeVry University Colton Center offers undergraduate and graduate degree programs.
Loma Linda University  
(909) 558-8161  
www.llu.edu  

Mt. San Jacinto Community College  
(951) 487-6752  
www.msjc.edu  

Palo Verde Community College  
(760) 921-5500  
www.paloverde.edu  

Riverside Community College  
(951) 222-8000  
www.rcc.edu  

San Bernardino Valley College  
(909) 888-6511  
www.valleycollege.edu  

The Art Institute of California - Inland Empire, a campus of Argosy University  
674 E. Brier Drive  
San Bernardino, CA 92408-2800  
(909) 915-2100 or Toll Free: (800) 353-0812  
www.argosy.edu/inland-empire-california/default.aspx  
Offers year-round diploma, associate's and bachelor's degree programs.  

University of California, Riverside  
(951) 787-1012  
www.ucr.edu  

Big Springs Center & School  
11650 Perris Blvd  
Moreno Valley, CA 92557  
(951) 488-0404  
www.bigspringscenterandschool.org  

Big Springs Center & School  
24977 Washington Avenue Suite K  
Murrieta, CA 92562  
(951) 304-9656  
www.bigspringscenterandschool.org  

California School for the Deaf, Riverside (CSDR)  
3044 Horace Street  
Riverside, CA 92506  
(951) 248-7700  
www.csdr-cde.ca.gov  

Carolyn E. Wylie Center for Children, Youth & Families  
4011 14th Street  
Riverside, CA 92501  
(951) 680-1247  
www.wyliecenter.org/locations.htm  
They provide the highest quality educational programs and therapeutic services to meet the needs, goals and hopes of individuals with special learning, emotional and developmental needs.  

Oak Grove  
24275 Jefferson Avenue  
Murrieta, CA 92562  
(951) 677-5599  
www.oak-grove.org  
Provide school and therapy programs to rebuild the lives of at-risk children and their families.  

**Schools**  

Autism Link  
www.autismlink.com  
They offer a discussion board, along with a list of resources for homeschooling.
River Springs Charter School
43466 Business Park Drive
Temecula, CA 92590
(951) 252-8800
www.riverspringscharter.org
Offers a wide range of educational opportunities and programs to help your child achieve his or her highest potential.

Special Education

Ask My Advocate
41593 Winchester Road #200
Temecula, CA 92530
Contact: Araceli Barriga: (951) 436-8534
Email: askmyadvocate@yahoo.com
www.askmyadvocate.org
They assist students getting eligibility for special education under any disability, putting together and IEP/504 that meets the students unique needs.

Community Advisory Committee
975 W. Morgan Street Building F, Rooms A&B
Perris, CA 92571
www.rcselpa.org
They establish a networking system between the school and the community to involve interested parents, students, teachers, educational specialists and consultants.

Riverside County SELPA
2935 Indian Avenue
Perris, CA 92571
(951) 490-0375
www.rcselpa.org
They work with 22 school districts and other public agencies throughout Riverside County to make available a full continuum of special education services.

Professional Tutors of America, Inc.
3350 E. Birch Street Suite 108
Brea, CA 92821
Contact: Yvette Romero: (800) 832-2487
Email: yvette@professionaltutors.com
www.professionaltutors.com
Services are provided on a one-to-one basis, direct to the home, hospital, or facility by a credentialed special education teacher.

TVUSD Special Education
31350 Rancho Vista Road
Temecula, CA 92592
(951) 506-7981
www.tvusd.k12.ca.us/sped_overview
They have developed programs within their schools that are specially designed instruction to meet the unique needs of individuals with exceptional needs.

TVUSD Transition Services/Workability
31350 Rancho Vista Road
Temecula, CA 92592
Contact: Bridget Denton/Tracy Hunter (951) 506-7070
Email: bdillon-denton@tvusd.k12.ca.us or thunter@tvusd.k12.ca.us

Learning Assistance

Special Needs Tutoring
(877) 97-TUTOR
www.specialneedstutoringusa.com
They support individuals, adults, students, families, educators, and professionals dealing with learning disabilities, including dyslexia.
Basic Educational Services Team (BEST)
28307 Newport Road
Menifee, CA 92584
(866) 804-2378
Email: basicedservices@verizon.net
www.basicedservices.com
Provide one-on-one tutoring for reading or math. Teaching may be at the student's home, local library, or community center.

BreakThrough Student Assistance Program
Contact: Dean Lesicko (951) 677-0568 ext. 6479
www.murrieta.k12.ca.us/page/315
They help students make it through school safely and successfully.

Braille Institute
70251 Roman Rd
(760) 321-1111
www.brailleinstitute.org
Offer individualized instruction to those with low vision on getting around town safely, magnification and lighting tips, and more.

Brain Works
(951) 553-3143
Email: brainworks4Learning@gmail.com
www.brain-works.net
Classes offered by Mary Mollway, licensed Brain Gym Instructor, reading intervention teacher, and former Direct of the New Vision Autism Center.

Temecula Public Library Special Needs Access Public Library: S.N.A.P.L
30600 Pauba Road
Temecula, CA 92592
(951) 693-8900
www.temeculapubliclibrary.org
Designed for families with children with special needs. Ages 2-5, space is limited, please arrive early to best ensure seating.

Learning Disabilities
International Dyslexia Association, Inland Empire Branch
5225 Canyon Crest Drive Suite 71-308
Riverside, CA 92507
(951) 686-9837
www.dyslexia-ca.org
Their focus is to support and benefit individuals, adults, students, families, educators, and professionals dealing with learning differences, including dyslexia.

Learning Materials
Autism Teaching Tools
www.autismteachingtools.com
A practical source of information and teaching tips to help parents and professionals working with children on the autism spectrum.

Children's Opportunity for Brilliance (COB)
2192 Martin Ave Suite 155
Irvine, CA 92612
Contact: JoQueta Handy: office (951) 252-1228 cell (818) 391-6713
Email: joquetah@gmail.com
www.speechandmotion.com
Provide tools to educate, empower and support children, parents, families and educators, whose lives are directly or indirectly impacted by Autism Spectrum Disorders and other learning disabilities.

Different Roads to Learning
www.difflearn.com
An online store that provides products to support, educate and inspire teachers, families and individuals affected by Autism Spectrum Disorder.
Do2Learn
www.do2learn.com
They provide thousands of pages of social skills and behavioral regulation activities and guidance, learning songs and games, communication cards, academic material, and transition guides for employment and life skills.

Super Duper Publications
www.superduperinc.com
An online store and catalog that includes learning materials such as educational material, assessments, material for speech and occupational therapy all for children with special needs.

Tuned in to Learning
www.tunedintolearning.com
A comprehensive music-assisted learning curriculum for special education, designed to help children and teens with autism, Down Syndrome, other learning needs.

**Online Resources for Teaching**

ABA Resources LTD.
www.abaresources.com
Providing practical resource materials for families and professionals using educational strategies for children with autism and to deliver ABA services to families through the provision of resource materials at a free and/or affordable cost.

Autism 4 Teachers
www.autism4teachers.com
Find helpful materials and information to help your student or child with autism.

Autism Classroom
www.autismclassroom.com
The materials are directly related to the strategies and suggestions in AutismClassroom.com's book How to Set Up a Classroom for Students with Autism.

F.A.C.E.S. (Functional Academic Curriculum for Exceptional Students)
eweb.esc3.net\index.php\3-lid-resources-and-web-links\670-faces-curriculum-resources
Lesson plans and curriculum for teachers to be used as a resource for instructional activities.

Positively Autism
www.positivelyautism.com/free
Positively Autism has a collection of Autism ABA materials, lesson plans, data sheets, games, work tasks, and other educational resources for students with autism.

Teach2Reach
www.teach2reach.com/subdirectoryspecialeducation.htm
They have a section for special education which provides printable worksheets, same IEP goals, materials that help teach the goals, and special education support materials for teachers.

Touch Math
www.touchmath.com
Provide a multisensory program that uses its signature TouchPoints to engage students of all abilities and learning styles.

Visual Aids for Learning
www.visualaidsforlearning.com/products/index.htm
Provide downloadable visuals to help people learn everyday activities. The images are ideal for children, particularly those with learning difficulties. Where appropriate, the images are gender specific.
Child Development Services

Child Development Consultant
41120 Elm Street Suite 109
Murrieta, ca 92562
(818) 687-1106
Email: starbuck.kelly@yahoo.com
They specialize in assessment, program development, and direct intervention services which include: play skills and development, psychosocial development, languages, and other services to children 18 months to 16 years old.

Murrieta and Temecula Head Start / Start Preschool - Riverside County Office of Education
41951 Moraga Road, Temecula / 24980 Las Brisas Road, Murrieta
Temecula/Murrieta, CA 92591/92562
Dayana Williams, Community Assistant / Kymberly Russell, Site Manager Temecula (951) 826-4235 or Murrieta (951) 600-5680
Email: dtwilliams@rcoe.us
www.rcoe.us
Our core mission is to better prepare children to enter kindergarten, be successful in school, and build on these principles for the rest of their life.

School Districts

Hemet Unified School District - Special Education
1791 W. Acacia Ave
Hemet, CA 92545
(951) 765-5100
www.hemetusd.k12.ca.us.edserv/speced
Provide services to all schools in the Hemet Unified School District. Staff provides leadership, and support regarding curriculum, assessment, staff development, special projects and all programs.

Lake Elsinore Unified School District - Special Education
545 Chaney Street
Lake Elsinore, CA 92530
(951) 253-7000
www.special-education.leusd.schoolfusion.us
They offer services and program options that provide children with exceptional needs access to a free, appropriate public education in the least restrictive environment.

Murrieta Unified School District - Special Education
41870 McAlby Court
Murrieta, CA 92562
(951) 696-6000 Ext. 1020
www.murrieta.k12.ca.us/Page/296
They provide children with exceptional needs access to a free, appropriate public education. Services include: specialized academic, instruction, speech and language therapy, and more for students 3-5.

Perris Unified School District - Special Education
1151 N. A Street
Perris, CA 92570
(951) 943-6531 Ext. 81302
They support our school sites with a wide variety of services, programs and resources. The standards-based instructional program builds on the skills and knowledge that each student brings to us.

Temecula Valley Unified School District
31350 Rancho Vista Road
Temecula, CA 92592
(951) 671-2661
www.tvusd.k12.ca.us
The Temecula Valley Unified School District offers general information including budget, test scores, boundaries, governing board, list of schools and more.
Supported Employment Resources

California Department of Rehabilitation
3130 Chicago Avenue
Riverside, CA 92507
(951) 782-6650
www.rehab.ca.gov
They provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.

California Department of Rehabilitation
27555 Ynez Road, Suite 310
Temecula, CA 92591-4678
(951) 693-4451
www.rehab.ca.gov

Career and Employment Guide for Job Seekers and Employees with Disabilities
Email: rjacobs@pcc.edu
www.spot.pcc.edu/~rjacobs/career/new_page_2.htm
A career and employment guide intended to assist in searching, preparing, planning and maintaining a career.

Care-Rite Vocational Services
40880 County Center Drive, Suite M
Temecula, CA 92591-6024
(951) 719-3377
A supported work program for adults with developmental disabilities.

Center for Employment Training (CET)
27941 Jefferson Avenue
Temecula, CA 92590
(951) 699-8180
Email: temecula@cet2000.org
www.cetweb.org
Provide people with marketable skills, training and support services that contribute to self-sufficiency to promote human development and education

EXCEED
2050 Trumble Road
Perris, CA 92572
(951) 657-0609 or (800) 423-1227
www.exceed-aws.com
Provide work adjustment, work experience, sheltered employment, job readiness, job coaching, and placement services for individuals with any disabling conditions, ages 18 and older.

Habilitation Services
(909) 890-3422

Regional Occupational Program
3939 Thirteenth Street
Riverside, CA 92502-0868
(951) 826-6810

Riverside County Greater Avenue for Independence (GAIN)
www.gain-riverside.org
Serve the taxpayer of Riverside County by reducing welfare dependency thus making tax dollars available for more productive expenditures.
Offer the community an invaluable service by linking businesses with a qualified pool of willing workers.

WorkAbility
Job Developer, Tracy Hunter
Job Coac, Bridget Dillon-Denton
(951) 506-7070

Arttism.org
42072 Fifth Street #202A
Temecula, CA 92590
(951) 240-5500
Email: admin@attism.org
www.arttism.org
Sell merchandise featuring artwork of artists with Autism and use those proceeds to help autistic youth find jobs and housing as they reach adulthood.

Cole Vocational Services
Murrieta, CA 92563
(855)636-8672
test-ct.thementornetwork.com
Provide day habilitation and employment services to adults with developmental disabilities in both center-based and community-based programs.

Client Assistance Program
(800) 776-5746 / TTY: (800) 719-5798
www.disabilityrightsca.org
Provide information, advice and advocacy to help people with disabilities get rehabilitation services, training, and a job.

Fiesta Educativa Community-based Employment Program
(323) 221-6696 ext. 110
Email: mlugo@fiestaeducativa.org
www.fiestaeducativa.org
To provide persons with disabilities unique skills to volunteer in their community and/or maximize opportunities for gainful employment.

U.S. Department of Labor: Office of Disability Employment Policy (ODEP)
(866) 327-6669
www.dol.gov/odep
Equipment, Supplies & Products

ATG Rehab
12627 Hidden Creek Way
Cerritos, CA 90703
(562) 921-0258 Fax: (562) 921-3730
www.atgrehab.com
ATG Rehab provides comprehensive range of Mobility & Seating Solutions including: Wheelchairs, Adaptive Seating, Scooters, Ambulatory, Bathing and Standing Aides.

Sensory Products

Abilities Expo
2601 Ocean Park Blvd, Suite 200
Santa Monica, CA 90405
(951) 247-8150
Email: knowbarriers@yahoo.com
www.abilitiesexpo.com

Pacific Pediatric Supply
www.pacificpediatricsupply.com
Pacific Pediatric Supply is a family run therapy supply company specializing in sensory integration products, oral motor supplies, weighted therapy items and learning aids for children with special needs.

Playaway Toy Company, Inc.
www.playawaytoy.com

Pocket Full of Therapy
www.pfot.com
PFOT has an online catalog intended to assist Occupational Therapists and others, concerned with the development of children, find the unique materials needed to provide effective, appropriate, motivating and fun, pediatric therapy and learning.

Therapro
(800) 257-5376
www.therapro.com
Therapro provides therapists, teachers, parents and other caregivers with the highest quality and most economical therapeutic and educational resources for all ages and abilities, from kids to adults.
**Government Agencies**

**California Department of Education**
P.O. Box 944202  
Sacramento, CA 94244-2020  
(800) 515-2229  
Email: earlystart@dds.ca.gov  
www.dds.ca.gov/earlystart  
Provides information about services and make arrangements to have the child assessed to see if a child qualifies for special services.

**State Council on Developmental Disabilities**
1507 21st Street Suite 210  
Sacramento, CA 95814  
(916) 322-8481  
www.scdd.ca.gov  
The council advocates, promotes, and implements, policies and practices that achieve independence and inclusion for people who have developmental disabilities in their family.

**National Information Center for Children and Youth with Disabilities (NICHCY)**
P.O. Box 1492  
Washington DC  
(800) 695-1492  
Email: nichcy@aed.org  
www.nichcy.org  
Inform parents with children with disabilities through information and publications about raising children with disabilities as well as the rights of children with disabilities.

**Health Care Services**

**Chiropractors**

**Neuro-Edge - Marty Carlson, D.C.**
25032 Las Brisas Road Unit A  
Murrieta, CA 92562  
(951) 304-2242  
www.neuroedgechiropractic.com  
Provides chiropractic care, Interactive Metronome, massage therapy, and nutrition services.

**Counseling, Psychological & Mental Health**

**A.C.C.E.S.S - Dr. Kathleen Kitlowski**
Murrieta, CA  
(951) 252-4065
The Briese Learning Experience has a licensed educational psychologist that offers psychological and educational assessments of learning abilities and provides comprehensive educational services for toddlers through teens.

Inland Psychiatric Medical Group, Inc. - Murrieta
41670 Ivy Street Suite C & D
Murrieta, CA 92562
(951) 696-5220
www.inlandpsych.com
A collaborative practice of psychiatrists and therapists qualified to provide psychiatric and psychotherapy services. Services are available to children, adolescents, and adults.

Inland Psychiatric Medical Group, Inc. - Hemet
1001 E. Latham Avenue Suite A & D
Hemet, CA 92543
(951) 652-8107
www.inlandpsych.com
A collaborative practice of psychiatrists and therapists qualified to provide psychiatric and psychotherapy services. Services are available to children, adolescents, and adults.

Inland Psychiatric Medical Group, Inc. - Temecula
31493 Rancho Pueblo Road Suite 203
Temecula, CA 92562
(951) 302-0200
www.inlandpsych.com
A collaborative practice of psychiatrists and therapists qualified to provide psychiatric and psychotherapy services. Services are available to children, adolescents, and adults.

International Bipolar Foundation
www.internationalbipolarfoundation.org
Not for profit organization based in San Diego whose mission is to eliminate Bipolar Disorder through the advancement of research; to promote and enhance care and support services; and to erase associated stigma through public education.

Mitch Rosen, MFT
43537 Ridge Park Drive Suite 202
Temecula, CA 92590
(951) 736-6611
www.mrosenmft.com
Mitch Rosen provides therapy for individuals, couples, and families. Rosen is experienced in working with special needs children including those with ADHD, learning disabilities, anger control and poor social skills.

Terri Phillips, MFT
32605 Temecula Parkway Suite 206
Temecula, CA 92592
(909) 730-0410
terriphillipsmft.com
Riverside County Department of Mental Health
650 North State Street
Hemet, CA 92542
(951) 791-3300
rcdmh.org
The RCDMH exists to provide services to adults and children who have or are at risk of developing mental illnesses or substance abuse problems; as well as to individuals on conservatorship.

Riverside County Department of Mental Health
31946 Mission Trail Suite B
Lake Elsinore, CA 92530
(951) 245-7663
rcdmh.org

Riverside County Department of Mental Health
950 Ramona Blvd Suite 2
San Jacinto, CA 92582
(951) 487-2674
rcdmh.org

Riverside County Department of Mental Health
41002 County Center Drive Suite 320
Temecula, CA 92591
(951) 600-6355
rcdmh.org

Doctors

Pediatric Partners
27699 Jefferson Avenue Suite 102
Temecula, CA 92590
(951) 252-8588
www.pediatricpartners.net
Board Certified team of pediatricians who offer diversity, serve the community, and seek innovation by providing quality healthcare. Serving the areas of Corona, Lake Elsinore, Menifee, Hemet, Temecula, and Fallbrook.

Health Care Centers

Arthritis Foundation - San Diego and Southwest Riverside County Branch
8555 Aero Drive, Suite 200
San Diego, CA 92123
(858) 492-1090
Email: ncoate@arthritis.org
www.arthritis.org
Provide programs and services for those afflicted with arthritis: exercise programs, educational programs, and services for children afflicted with arthritis.

Autism Discovery Institute
25485 Medical Center Drive Suite 100
Murrieta, CA 92562
(858) 966-7453
Email: autismservices@rchsd.org
www.rchsd.org/autism
The Autism Discovery Institute is a state-of-the-art facility providing comprehensive services and advanced research into autism spectrum disorders. Here, you'll find all of Rady Children's renowned diagnostic and treatment services under one roof.

Dentists

Donald Schiess, DDS
39872 Los Alamos Road
Murrieta, CA 92562
(951) 698-8418
Donald Schiess offers general dentistry services such as oral examinations, cleanings and teeth straightening. Please call his office for more information.
Hope Hospice provides comfort and care for patients with a life limiting illness in Southwest Riverside County. Hospice care is provided by an interdisciplinary team of professionals lead by a Palliative Care Certified Physician.

Loma Linda University Medical Center - Murrieta
28062 Baxter Road
Murrieta, CA 92563
(951) 290-4000
www.llumemurrieta.org

Pediatric rehabilitation provides therapy in a child-friendly environment. The therapists working with our children are trained pediatric specialists. Children seen may have been diagnosed with: head injury, Cerebral Palsy, other conditions.

Molina Healthcare
200 Oceangate Suite 100
Long Beach, CA 90802
(562) 499-6191
www.molinahealthcare.com
Molina Healthcare is a multi-state healthcare organization with flexible care delivery systems focused exclusively on government-sponsored healthcare programs for low income families and individuals.

Neighborhood Healthcare
41715 Winchester Road Suite 106
Temecula, CA 92591
(951) 694-9449
www.nhcare.org
Hours: Mon-Fri: 7:30am - 4:30pm, except Tues: 7:30am - 7:30pm. All ages, primary & preventive health care, pediatrics, behavioral health/psychiatry and healthy families/Medical Application Assistance.

Rady Children Hospital Children’s Specialists- Murrieta
25485 Medical Center Drive Suite 100
Murrieta, CA 92562
(951) 600-1640
www.cssd.us

Sunrise Complimentary Medical Center
41661 Enterprise Circle North Suite 113
Temecula, CA 92490
(951) 461-4800
mysunrisecenter.com

Temecula Valley Cardiology
25405 Hancock Avenue Suite 216
Murrieta, CA 92562
Email: rdugas@tvcmg.com
www.tvcmg.com
Temecula Valley Cardiology is dedicated to provide timely, high quality and appropriate health care. Our physicians strive to forge an alliance that helps to ensure the health and well-being of every patient.

Health Insurance

ASD Insurance Help
health.groups.yahoo.com/groupASDInsuranceHelp
Online discussion group designed to help California families get insurance coverage for their family members with Autism Spectrum Disorders.
Healthy Families
(800) 880-5305
Email: HealthyFamilies@MAXIMUS.com
healthyfamilies.ca.gov/Home/default.aspx
Healthy Families is low cost insurance for children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for Medi-Cal.

Inland Empire Health Plan (IEHP)
303 E. Vanderbilt Way
San Bernardino, CA 92408
(888)860-1298
www.iehp.org
Organized as a Joint Powers Agency, Inland Empire Health Plan (IEHP) is a local, not-for-profit, public health plan serving over 575,000 residents of Riverside and San Bernardino counties through government-sponsored programs.

HMO Help Center in California
(800) 309-2350
Email: autismtaskforce@dmhc.ca.gov
www.hmohelp.ca.gov
The DMHC has come together with the Autism Advisory Task Force. The Task Force is charged with developing recommendations regarding medically necessary behavioral health treatment for individuals with autism or pervasive developmental disorder.

MCS (Medi-Cal Consulting Svs.)
2377 West Foothill Blvd, Suite 9
Upland, CA 91786
(909) 946-0350
Email: mcs.experts@verizon.net
www.expertsatmcs.com/contact.php
MCS provides access to a network of thousands of contracted expert consultants in numerous healthcare and technical fields.

Optometrists
Temecula Valley Optometry - Dr. Alan Winkelstein
30520 Rancho California Road Suite A-106
Temecula, CA 92591
(951) 676-9465
www.drwink.com
The Temecula Valley Optometry provides optometry, eye test services and vision therapy.

Medical Group/Providers
Rady Children's Primary Care Medical Group
25485 Medical Center Drive Suite 220
Murrieta, CA 92562
(951) 461-3900
www.CPCMG.net
Children's Primary Care Medical Group (CPCMG), a primary care pediatric-only medical group serving San Diego and southern Riverside counties, has a focus and commitment on healthcare of children from birth to adulthood.

Rady Children's Primary Care Medical Group
27555 Ynez Road Suite 370
Temecula, CA 92562
(951) 699-3299
www.CPCMG.net
Children's Primary Care Medical Group (CPCMG), a primary care pediatric-only medical group serving San Diego and southern Riverside counties, has a focus and commitment on healthcare of children from birth to adulthood.
Rady Children's Specialist
25485 Medical Center Drive Suite 100
Murrieta, CA 92562
(951) 600-1640
www.cssd.org

Hospitals

Rady Children's Hospital - San Diego
3020 Children's Way
San Diego, CA 92123
(858) 966-1700
www.rchsd.org
Rady Children's Hospital - San Diego provides comprehensive pediatric medical services in San Diego, Southern Riverside and Imperial Counties and the region's designated pediatric trauma center.

Riverside County Regional Medical Center (RCRMC)
26520 Cactus Ave
Moreno Valley, CA 92555
(951) 486-4000 / TTY: (951) 486-4397
www.rcrmc.org
Riverside County Regional Medical Center is located in the city of Moreno Valley, centrally located and accessible for all areas of Riverside County.

Home Care Assistance

Rest & Relax Respite Agency
833 A South Main Street #400
Fallbrook, CA 92028
(760) 728-7791 / Fax: (760) 728-7791
Email: restrelaxrespite@msn.com
Provide quality services in the home environment for people with a developmentally disabling condition. They work together with the family and Regional Center to meet the consumer's individuals needs strictly following the IPP.

California Association of Public Authorities for IHSS
12125 Day Street, Suite S-101
Moreno Valley, CA 92557
(888) 470-4477
www.ca-pa ihss.org
They support its members and provide leadership that promotes the availability of services and the right of older adults and persons with disabilities to live with independence and dignity.
California Mentor Family Home Agency
9166 Anaheim Place Suite 200
Rancho Cucamonga, CA 91730
(855) MENTOR 2
www.camentorfha.com
Offer adults innovative, quality services and supports that lead to growth and independence, regardless of the physical, intellectual or behavioral challenges they face.

Inland Respite, Inc.
10800 Hole Ave Suite 10
Riverside, CA 92505
(951) 353-1261
www.inlandrespite.com
Provides non-medical in-home respite care for residents of Riverside County with developmental disabilities, an illness, a physical disability or impairment that requires care in the home.

Maxim Homecare Services
1 Ridgegate Drive Suite 130
Temecula, CA 92591
(951) 694-0100
www.maximhomecare.com/Temecula_Homecare_314.aspx

Inland Caregiver Resource Center (ICRC)
1430 E. Cooley Drive Suite 124
Colton, CA 92324
(909)514-1404
www.inlandcaregivers.com
Helps families, friends and caring professionals living in Riverside, San Bernardino, Inyo and Mono counties master the challenges of caregiving.

Legal Services

Autism Votes - Autism Speaks
www.autismvotes.org
They launched "Autism Votes," a comprehensive grassroots advocacy program, coordinating activist efforts in support of federal and state legislative initiatives.

California Disability Community Action Network
www.cdcacan.us

County of Riverside District Attorney
30755-D Auld Road 3rd Floor
Murrieta, CA 92563
(951) 304-5400
www.rivcoda.org
We are committed to ensuring that justice is done and the community is protected. We prosecute the guilty, safeguard the innocent, and protect victims and their rights.
County of Riverside District Attorney
3960 Orange Street
Riverside, CA 92501
(951) 955-5400
www.rivcoda.org
We are committed to ensuring that justice is done and the community is protected. We prosecute the guilty, safeguard the innocent, and protect victims and their rights.

Dennis M. Sandoval, A Professional Law Corporation
3233 Arlington Ave Suite 105
Riverside, CA 92506
(951) 787-7711
Email: megan@protect-your-wealth.com
www.protect-your-wealth.com
Dennis M. Sandoval, A Professional Law Corporation, specializes in estate planning for persons with special needs. We handle special needs trusts, conservatorships, powers of attorney and health care documents.

Family Justice Center Riverside County District Attorney
3900 Orange Street
Riverside, CA 92501
(951) 955-6100
www.rivcoda.org/VS/FJC_RIV.html
The mission of the Riverside County Family Justice Centers is to provide victims of domestic violence with centralized access to public and private resources in a safe, secure, and private environment.

Inland Counties Legal Services
1040 Iowa Ave Suite 109
Riverside, CA 92507
(951) 368-2555 or (888) 245-4257
www.inlandlegal.org

Inland Counties Legal Services
715 N. Arrowhead Ave Suite 113
San Bernardino, CA 92401
(909) 884-8615 or (888) 677-4257
www.inlandlegal.org

Law Office of Elizabeth McCoy
31493 Rancho Pueblo Road Suite 205
Temecula, CA 92592
(760) 723-8906
www.ca-specialneedstrusts.com
Elizabeth McCoy focuses on special needs trusts and estate planning for families who have children with disabilities.

Law Office of Ralph Lewis
40960 California Oaks Road Suite 267
Murrieta, CA 92562
(951) 696-4777
Ralph Lewis specializes in the representation of classified children in disputes with school districts pursuant to the Individuals with Disabilities Education Act.
Mental Health Services

Behavioral Health and Modification Services

Autism Interventions and Resources, Inc.
Murrieta, CA
(949) 457-9203
Email: AIR@hopeisintheair.com
www.hopeisintheair.com
Providing behavioral services to children and adults with developmental disabilities. Office in Murrieta serves Riverside, San Bernardino, and San Diego counties.

Center for Autism and Related Disorders (CARD)
28991 Old Town Front Street #208
Temecula, CA 92590
www.centerforautism.com
Provides comprehensive and cutting-edge curricula that can be tailored to the specific needs of individuals from birth to 21 years of age.

Social Security
(800) 772-1213 or TTY (800) 325-0778
Social Security provides Supplemental Security Income (SSI) for person of any age with disabilities. To qualify for SSI benefits, you must have a disability, be a legal resident of the United States, and have a low income with limited resources.

Special Needs Alliance
(877) 572-8472
www.specialneedsalliance.com

Center for Autism Research, Evaluation and Services (CARES)
28999 Old Town Front Street #203
Temecula, CA 92590
(858) 444-8823
www.caresnpa.com
The many services offered include home and school based program, individual and family therapy, as well as a variety of social skills group. Serves individuals with a variety of diagnoses ages 1 year to adult throughout San Diego and the Inland Empire.

Comprehensive Autism Center, Inc.
40485 Murrieta Hot Springs Road Suite B-4 #146
Murrieta, CA 92563
(951) 813-4034
www.comprehensiveautismcenter.com
Offers highly individualized, innovative treatment and services through all inclusive Applied Behavior Analysis (ABA) programs specific to each child. Areas targeted include behavior management, cognitive skills, and more.
**Coyne & Associates**  
38975 Sky Canyon Drive Suite 103  
Murrieta, CA 92563  
(760) 634-1125  
www.coyneandassociates.com

**CAPP's Kids**  
(951) 252-4634  
Email: kcapp@caring4autism.com  
www.caring4autism.com  
Our services focus on helping children with autism get additional behavior and educational support in the home, classroom, and community settings.

**New Haven Therapeutic Behavioral Services (TBS)**  
42145 Lyndie Lane  
Temecula, CA 92591  
(951) 699-4906 / Fax: (951) 587-2625  
Email: rverosa@newhavenfs.org  
www.newhavenfs.org

**Riverside County Network of Care for Behavioral Health**  
www.riverside.networkofcare.org/mh  
This website is a resource for individuals, families and agencies concerned with mental health. It provides information about mental health services, laws, and related news, as well as communication tools and other features.

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**Temecula Mental Health Services**  
41002 County Center Drive, Building B, Suite 320  
Temecula, CA 92591  
(951) 600-6355

**Diagnosis & Evaluation**

**Testing & Evaluations - Dr. Lori A. Harral**  
41690 Ivy Street Suite B  
Murrieta, CA 92562  
(951) 200-6684  
www.testingandevaluations.com  
Offers assessment and diagnostic testing to Children, adolescents, adults, and families.

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**Counseling**

**National Alliance on Mental Illness (NAMI) - Temecula Valley**  
41050 Avenida Verde  
Temecula, CA 92591  
Email: infor@namitv.org  
www.namitv.org  
NAMI's mission is to support, educate and advocate for those with mental illness and also their families, friends, and the public.
## Military Families & Veterans' Resources

**ACT Today for Military Families**  
19019 Ventura Blvd. Suite 200  
Tarzana, CA 91356  
(877) 922-8863  
Email: Info@act-today.org  
[www.acttodayformilitaryfamilies.kintera.org](http://www.acttodayformilitaryfamilies.kintera.org)  
They raise awareness and provide treatment services and support to families to help their children with autism achieve their full potential.

**Exceptional Family Member Program**  
Camp Pendleton  
(760) 725-3175  
Email: Mcb.campen.efmp@usmc.mil  
[www.mccscp.com/EFMP](http://www.mccscp.com/EFMP)  
They assist active duty service members in managing the duel demands of a military career and having a family member with special needs, whether medical, emotional or educational.

## Recreation & Leisure

### Camps

**JAF Ministries Camp**  
Family Retreat - Murrieta  
(818) 707-5664 or (602) 275-2568  
[www.joniandfriends.org](http://www.joniandfriends.org)

**Kris' Camp**  
Idyllwild, CA  
(801) 733-0721  
[www.kriscamp.org](http://www.kriscamp.org)

## Centers

**Child’s Play**  
28860 Old Town Front Street Suite A2  
Temecula, CA 92590  
(951) 699-7696  
[www.childplaytemecula.com](http://www.childplaytemecula.com)

**My Gym**  
31725 Temecula Parkway  
Temecula, CA 92592  
(951) 303-3366  
Email: MyGymTemecula@yahoo.com  
[www.my-gym.com](http://www.my-gym.com)

### Programs

**Boy Scouts of America, California Inland Empire Council**  
(909) 793-2463 or (877) 732-1450  
[www.bsa-ciec.org](http://www.bsa-ciec.org)  
Provides a program for community organizations that offers character, citizenship, and personal fitness training for boys ages 6 to 21. Offers Scouting programs for children with special needs or can recommend referral information to local resources.
Ensure that all City programs, events, and activities are inclusive to all individuals with special needs. Email or call for more information about specialized programs, activities, parent/education and support.

High Hopes - City of Temecula - Mary Phillips Senior Center
41842 Sixth Street
Temecula, CA 92590
(951) 694-6464
www.cityoftemecula.org/Temecula/Residents/Recreation/ActivitiesBrochure.htm

Police Activities League (P.A.L.)
S.A.F.E. 28910 Pujol Street
Temecula, CA 92590
(951) 587-3900
Email: jami@safefamiliesca.org
www.safefamiliesca.org/P.A.L.cfm
The Temecula and Murrieta Police Departments and Safe Alternatives for Everyone has entered into a unique partnership to help. The Temecula/Murrieta P.A.L. program provides youth activities while building solid relationships with local law enforcement.

S.K.I.P. - Supporting Kids Involving Parents
Temecula, CA
(951)693-3902
Email: Yvette.Martinez@cityoftemecula.org

Sports

Aquatic Zone
1138 W. Sixth Street
Corona, CA 92879
(951) 739-4300
www.theaquaticzone.com
Learning life skills through swimming is our philosophy. We focus on Comfort, Body Balance, and Movement. Out classes teach children to listen and follow instructions, teamwork, respect for oneself and others, and how to overcome obstacles and fears.
Bill's Special Kids
25392 Jaclyn Avenue
Moreno Valley, CA 92557
(951) 242-7261
www.billspecialkids.com
Bill's Special Kids is a program that provides sports for kids with special needs. Sports include: baseball, bowling, basketball and soccer.

Challenger Division Temecula Valley
American Little League
(570) 326-1921 Ext. 254
Email: challenger@LittleLeague.org
www.littleleague.org/learn/about/divisions/challenger.htm
The Challenger Division offers boys and girls with physical and mental challenges, ages 5 to 18 (or the completion of high school), the opportunity to participate in an organized game of baseball.

Exceptional Sports
23811 Washington Ave C110-367
Murrieta, CA 92562-2267
Contact: Mary or Jeff Nickerson: (951) 252-5909
Email: exceptionalsports@gmail.com
www.exceptionalsports.org
Exceptional Sports is a non-profit organization that provides recreational sports for the disabled, their families and friends. Bowling is offered January to September. Other sports are in development.

Exceptionally Excited Kids Fitness (E.E.K)
www.eekandfriends.com
Located in Hemet, San Jacinto, and Winchester in Riverside County

PossAbilities
25455 Barton Road Suite 109A
Loma Linda, CA 92354
(877) 558-6248 or (909) 558-6384
Email: possabilities@llu.edu
www.teampossabilities.com
PossAbilities is a community outreach program of Loma Linda University Medical Center East Campus. Membership is free and there are no age restrictions. PossAbilities provides resources and opportunities for persons with diverse physical disabilities.

Special Olympics
27475 Ynez Road Suite 174
Temecula, CA 92591
Contact: Sue Reed (951) 461-6568
Email: sreed@sosc.org
www.sosc.org/page.aspx?pid=316
Special Olympics Southern California - Temecula Valley offers year-round sports programs and competitions for athletes in Canyon Lake, Hemet, Lake Elsinore, Menifee, Murrieta, San Jacinto, Sun City, Temecula, Wildomar and Winchester.

Temecula Champions League
30520 Rancho California Road suite 107 PMB 144
Temecula, CA 92592
(951) 760-6369
Email: Phil@TemeculaChampions.com
www.TemeculaChampions.com
Provides Temecula's mentally and physically challenged youth the opportunity to play baseball in an athletic environment at their level of comfort and ability.

Tenkobushi Budokan
34859 Frederick Street #114
Wildomar, CA 92562
(951) 757-6306
www.tenkobushi.com/autism-program
VIP Soccer
AYSO National Office
(800) 872-2976
Email: vip@ayso.org
www.ayso.org/programs/vip.aspx

Visual and Performing Arts

Art Works Gallery - Recovery Arts In Motion
3741 Sixth Street
Riverside, CA 92501
(951) 683-1279
www.jtpfriends.org

Arttism - Artists with Autism
42072 Fifth Street Suite 202E
Temecula, CA 92590
Contact: Michael Vonderheid (951) 240-5500 / Cell: (951) 297-1513
Email: michael@arttism.org
www.arttism.org

Broadway Starz Family Performance Theatre
42092 Winchester Road
Temecula, CA 92590
Contact: Mickie Arnett (951) 252-3001
Email: admin@broadwaystarz.com
www.broadwaystarz.com

Creative Dance for Special Needs - Inland Valley Conservatory
41655 Reagan Way Ste H
Murrieta, CA 92562
(951) 696-9800
Email: dwalker@ivcca.net
www.ivcca.net

HeartBeats Drum Circles - Clark Edmond, LCSW, MPH
PO Box 890606
Temecula, CA
(951) 775-0032
Email: heartbeats.clark@gmail.com
Trained in the Remo, Inc. Health Rhythms protocol and the Rhythm Arts Project
Program for the developmentally delayed, provides health, wellness, and recreational
Drum circles for children, youth, adults and those with special needs.

Inland Valley Conservatory and Athletics (IVCA)
41655 Reagan Way Suite H
Murrieta, CA 92562
(951) 696-9800
www.iveca.net

MAD Studios - Christalyn Brooks
Rapheka Ranch
Murrieta, CA
(951) 252-7014
www.themadstudio.com
MAD Studio offers art classes, anime classes, piano, harmonica to all students.
Partners with the Autism Society Inland Empire and offers low-cost classes for
families with ASD.

Temecula Valley Dance Connection
39198 Avenida La Cresta
Murrieta, CA 92562
Contact: Leslie Echolds (951) 600-0357
Email: leslieecholds@me.com
www.tvdanceconnection.org
The Temecula Valley Dance Connection is a co-ed dance oriented social club for young adults with special needs.
TGA of Temecula Valley
33266 Morning View Dr
Temecula, CA 92592
Contact: Jeff Sampson (760) 518-2725
Email: jsampson@golftga.com
golftga.com/temeculavalley/AboutUs.aspx

Socialization Services

Model Me Kids
www.modelmekids.com

Natural Learning Concepts
(800) 823-3430
www.nlconcepts.com
They have developed and continue to expand a range of learning materials to help children engage in and enjoy social interactions with family, friends and others in their environment.

Young Adult/Teen Group
41810 Juniper Street
Murrieta, CA 92562
(951) 678-8666
Email: autisntoday@aol.com
ieautism.org/social-rec
This group meets at least twice a month for a fun event. Occasionally have lectures on topics that pertain to adults and adolescents on the spectrum. Meets at the Murrieta Community Center. Recommended ages 14-24 years.

Religious Services

Community Outreach Ministry
23905 Clinton Keith Suite 114
Wildomar, CA 92595
(951) 698-7650
www.communityoutreachministry.org
They provide a purpose, destiny and abundance, through our Outreach, Camping, Mentoring and the annual Angel Tree Christmas Party.

Hope Lutheran Church
29141 Vallejo Avenue
Temecula, CA 92592
(951) 676-6262
Email: staff@hopetemecula.org
www.hopetemecula.org/Home/tabid/38/Default.aspx

Rancho Community Church Open Arms
31300 Rancho Community Way
Temecula, CA 92592
(951) 252-4634
Email: Krista.c@rcc.tv
www.rcc.tv
The vision of Open Arms Ministry is to see families with special needs in the community attend church together, each having a place to fellowship and grow in the love of God.
Temecula Murrieta Rescue Mission
43529 Ridge Park Drive
Temecula, CA 92590
(951) 526-1200
www.rescuemission.org
Provide assistance in the areas of guidance, counseling, education, job training, shelter, food, clothing, health care and independent living communities.

The Bridge Church
38801 Calistoga Drive
Murrieta, CA 92563
(951) 600-9112
Email: info@thebridgechurch.tv
www.thebridgechurch.tv

Safety Resources

Autism Safety & Risk, Dennis Debbaudt
Email: ddpi@flah.net
www.autismriskmanagement.com
Provides autism training and resources for law enforcement, emergency first responders, parents, educators, care providers, and the autism community.

Care Trak
(800) 842-4537
www.caretrak.com
Provides telemetry based tracking to help locate thousands of Alzheimer's wanderers and children with special needs and other conditions.

Project Lifesaver
www.projectlifesaver.ca

Riverside County Injury Prevention Program - Children with Special Needs Child Passenger Safety Program (CSNCPSP)
3900 Sherman Drive Suite 1-E
Riverside, CA 92503
(800) 774-7237 or (951) 358-7171
www.rivcoips.org/home/index.php?option=com_content&view=article&id=17&Itemid=46
Offers Riverside County parents and caregivers of children with special needs assistance in selecting the best car seat possible and the opportunity to purchase these seats at a significantly reduced cost.

Your Safe Child
(888) 972-7232
Email: info@yoursafechild.com
www.yoursafechild.com
Provides parents with identification products to ensure the safety of their children. Products include: ChildPrint ID Kit, Custom ChildPrint ID Care, Safe Shoes Child ID, and Toothprints.
Supportive Services/Case Management Resources

**Inland Regional Center**
1500 Iowa Avenue, Suite 100
Riverside, CA 92507
(951) 826-2608
www.inlandrc.org
Coordinates with generic services to normalize the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community and by facilitating needed supports for them.

**Inland Regional Center - Auxiliary Office**
Temecula Cole Vocational Services
42145 Lyndie Lane, Suite 122
Temecula, CA 92591
(909) 695-3515
www.inlandrc.org
Coordinates with generic services to normalize the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community and by facilitating needed supports for them.

**Riverside County Division of Victim Services**
3960 Orange Street
Riverside, CA 92501
(951) 955-5450
www.rivcoda.org/VS/locations.html

**California Children's Services**
(951) 826-6626 or (800) 442-4927
www.rcoe.k12.ca.us/childFamily/childrensServicesUnit.html
Specialized medical care and rehabilitation program for children with physical impairments whose families are unable to provide for such services.

**Comprehensive Autism Center**
41951 Remington Ave Suite 210
Temecula, CA 92591
(951) 813-4034
www.comprehensiveautismcenter.com

**Department of Public Social Services**
541 No. San Jacinto Ave
Hemet, CA 92543
(951) 791-3000 or 24-hour Hotline: (800) 442-4918
www.dpss.co.riverside.ca.us

**Department of Public Social Services**
27464 Commerce Court Drive #E
Temecula, CA 92590
(951) 696-6500 or 24-hour Hotline: (800) 442-4918
www.dpss.co.riverside.ca.us

**Down Syndrome Association of Hemet**
(951) 852-1054
Email: dsahemet@ymail.com
www.dsaoh.org
Promotes public awareness, provides parent advocacy and support for families who have individuals born with Down Syndrome.
First 5 Riverside
2002 Iowa Ave Suite 100
Riverside, CA 92507-2423
(951) 248-0014 or (800) 266-3880
Funds a variety of services, ranging from preschool and child care to dental health care, to help young Riverside County children develop a strong foundation for success in school and beyond.

Human Services - San Bernardino County - TAD Administration
860 E. Brier Road
San Bernardino, CA 92415-0520
(909) 388-0245
www.hss.co.san-bernardino.ca.us

Kids Included Together (KIT)
2820 Roosevelt Road, Suite 202
San Diego, CA 92106
(858) 225.5680
Email: info@kitonline.org
www.kitonline.org
Provides best practices training to help communities, businesses, and child care & recreation programs include children with all kinds of disabilities and special needs.

Riverside County Office of Education’s Resource and Referral Unit
(800) 442-4927 or (951) 826-6626
www.rcoe.k12.ca.us/childFamily/childCareResource.html

Team of Advocates for Special Kids (TASK) - Riverside
4164 Brockton Avenue
Riverside, CA 92501
(951) 328-1200
Enables individuals with disabilities to reach their maximum potential by providing them, their families and the professionals who serve them with training, support, information, resources and referrals, and by providing community awareness programs.

Family

Asperger Syndrome Partners & Individuals Resources, Encouragement & Support (ASPIRES)
www.aspires-relationships.com

California Family Life Center
930 N. State Street
Hemet, CA 92543
(951) 765-6955
www.cflkids.org

Early Start Family Resource Network
P.O. Box 6127
San Bernardino, CA 92412-6127
(909) 890-4711
www.esfrn.org

My Family, Inc. (MFI) Recovery Center
25186 Hancock Avenue #100
Murrieta, CA 92562
(951) 698-8558
www.mfirevory.com
Provides comprehensive substance abuse and behavioral health services to help individuals and families achieve and maintain a healthy and productive lifestyle.

My Family, Inc. (MFI) Recovery Center
1604 S. Santa Fe Avenue #403
San Jacinto, CA 92583
(951) 654-2026
www.mfirevory.com
Provides comprehensive substance abuse and behavioral health services to help individuals and families achieve and maintain a healthy and productive lifestyle.
Safe Alternatives for Everyone (SAFE)
28910 Pujol Street
Temecula, CA 92590
(951) 587-3900
www.safefamiliesca.org
Committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence.

Foster & Adoption
Olive Crest
555 Technology Court Suite 300
Riverside, CA 92507
(951) 686-8500
www.olivecrest.org

Low-Income Assistance
Community Action Partnership of Riverside County
2038 Iowa Avenue Suite B-102
Riverside, CA 92507
(951) 955-4900
www.capriverside.org

County of Riverside Public Authority
12125 Day Street Suite S-101
Moreno Valley, CA 92557
(888) 470-4477
www.rivcoihs.org
Assists In-Home Supportive Service consumers in Riverside County to live high quality lives in their own homes. This service is available at no cost to the IHSS consumer.

H.E.A.R.T. for Children
P.O. Box 1922
Temecula, CA 92593-1922
(951) 506-3675
www.heart-forchildren.org

Jefferson Transitional Programs
3839 Brockton
Riverside, CA 92501
(951) 686-5484
www.jtpfriends.org

Military Families and Veterans
Military Families Autism Online Support Group
groups.yahoo.com/group/militaryfamiliesautism
support

Network of Care for Service Members, Veterans & Their Families
www.riverside.networkofcare.org/veterans

Specialized Training of Military Parents (STOMP)
(800) 5-PARENT
Email: stomp@wapave.org
www.stompproject.org

Temecula Vet Center
40935 County Center Drive Suite A
Temecula, CA 92591
(951) 302-4849 or (877) 927-8387
www.vetcenter.va.gov
**Senior Citizens**

**Community Crossings Inc.**  
27363 Jefferson Ave.  
Temecula, CA 92590  
(951) 298-2158  
Email: audreymandrade@gmail.com  
An Adult Day Care serves adults with developmental disabilities who have one or more restricted health care conditions. Provides high quality emotional, social, recreational, and vocational program with the necessary medical supports and oversight.

**Network of Care for Seniors and People with Disabilities**  
www.riverside.networkofcare.org/aging

**Riverside County Office on Aging - West County Office**  
6296 River Crest Drive Suite K  
Riverside, CA 92507-0738  
(951) 867-3800  
www.rcaging.org  
Provide leadership in developing a system of care services for older persons and adults with disabilities in Riverside County.

**Riverside County Office on Aging - Hemet Senior Service**  
749 N. State Street  
Hemet, CA 92543-1474  
(951) 791-3565  
www.rcaging.org  
Provide leadership in developing a system of care services for older persons and adults with disabilities in Riverside County.

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**Adaptive Services**

**Lanae Turley-Trejo ASL Interpreter**  
P.O. Box 890357  
Temecula, CA 92591  
(951) 491-9204  
Email: lanaeturleytrejo@gmail.com  
English and American Sign Language interpreter for clients that are deaf and hard of hearing.

**RISE Interpreting**  
5005 La Mart Drive Suite 203  
Riverside, CA 92545  
(951) 565-4422  
Email: info@riseinterpreting.com  
RISE Interpreting  
5005 La Mart Drive Suite 203  
Riverside, CA 92545  
(951) 565-4422 or Videophone: (951) 208-6886  
www.riseinterpreting.com  
Provide American Sign Language Interpreters for deaf and hard of hearing people.
Support Groups

Asperger's Other Half
www.aspergersotherhalf.com
Online support group offering resources for women partners of individuals suspected to have, or officially diagnosed with Asperger's Syndrome. This is a women only group. See website for updates of other groups forming.

Depression and Bipolar Support Alliance
- Mary Phillips Senior Center
41845 Sixth Street
Temecula, CA 92592
(951) 926-8393
Support groups for those affected by depression and/or bipolar disorder are available this location.

Depression and Bipolar Support Alliance
- Mental Health Administration
4095 County Circle Drive
Riverside, CA 92503
(951) 686-5047
Support groups for those affected by depression and/or bipolar disorder are available this location.

Depression and Bipolar Support Alliance
- Trinity Lutheran Church
191 S. Columbia Street
Hemet, CA 92543
(951) 658-0181
Support groups for those affected by depression and/or bipolar disorder are available this location.

Epilepsy Center Support Groups
(951) 281-9892
www.theepilepsycenter.org
Provide an opportunity for adults and parents of children with epilepsy to share ideas, experiences, and information. Support groups meet at locations in the Riverside/Corona area as well as the Murrieta/Temecula area.

Families of Adults Affected by Asperger's Syndrome
www.faaas.org

Families Supporting Families Parent Support Group
9707 Magnolia Avenue
Riverside, CA 92503
(951) 358-6858
Provided by Riverside County Department of Mental Health. This group provides support and education for caregivers of children entering or returning from residential placement.

Fiesta Educativa of Riverside County
(951) 567-4943
www.fiестaeducativa.org
Founded to inform and assist Latino families in obtaining services and in caring for their children with special needs. They provide assistance and advocacy to these Spanish-speaking families.

Helping Everyone with Autism Reach Total Success (HEART)
Riverside, CA
(909) 417-6769
Email: dennisfindly@yahoo.com
For meeting schedule, please contact Dennis Findly.
Lilly's House
25053 Via Santee
Murrieta, CA 92563
(951) 440-5478
Email: outlillyshouse@yahoo.com
www.facebook.com/ourlillyshouse
Provides a place to play, learn, give and get support, cry, laugh and create a loving environment for our special needs children. They also provide peer support, weekly activities, and seminars for all ages and disabilities.

Marilu Schmier: Heart Talk Revolution
(949) 212-0214
Email: mariluschmier@yahoo.com
mariluschmier.com
Provides inspirational speeches and offers parents support workshops.

Michelle's Place
27645 Jefferson Ave.
Temecula, CA 92590
(951) 699-5455
Email: info@michellesplace.org
www.michellesplace.org
Resource Center to help cope with challenges.

NAMI Mt. San Jacinto Support Group - Location: Seventh Day Adventist Church
27025 Girard Street
Hemet, CA 92544
(951) 317-0317

NAMI Temecula Valley Support Group - Location: Crossroads Church of Temecula
28753 Via Montezuma
Temecula, CA 92591
(951) 672-0290

NAMI Temecula Valley Support Group - Location: Meadowview Clubhouse
41050 Avenida Verde
Temecula, CA 92591

National Stuttering Association - Temecula Chapter
27919 Jefferson Avenue
Temecula, CA 92590
(909) 921-2008
Email: coracampbell@yahoo.com
www.westutter.org
Dedicated to the support of people who stutter. This chapter is NSA is FREE and provides an open, honest environment for those who stutter.

Nurse Family Partnership
1900 Grant Street Suite 400
Denver, CO 80203
(303) 327-4240
Email: info@nursefamilypartnership.org
www.nursefamilypartnership.org
Empower first time mothers living in poverty to successfully change their lives and the lives of their children through evidence based nurse home visiting.

Open Doors
24300 Las Brisas Rd
Murrieta, CA 92562
(951) 358-6858

Open Doors Parent/Caregiver Support Groups - Parent Resource Center
24300 Las Brisas Road North
Murrieta, CA 92562
(951) 358-6858

Open Doors Parent/Caregiver Support Groups - San Jacinto Clinic
950 Ramona Blvd Suite 2
San Jacinto, CA 92582
(951) 487-2674

Open Doors: Parent/Caregivers Support Group
9707 Magnolia Avenue
Riverside, CA 92503
(951) 358-3622 or (888) 358-3622
www.mentalhealth.rcmhd.org
Perris Support Group
Rob Reiner Center
Perris, CA
(951) 683-0112
This is a parent support group for Autism the Model Autism Program.

Pregnant and Postpartum Support Group
(951) 358-5438 or (951) 955-5328
www.meetup.com/WEST-RIVERSIDE-COUNTY-PREGNANT-POSTPARTUM-SUPPORT-GROUP
Provides support, resources, a listening ear and a connection to other mothers and mothers-to-be experiencing similar feelings of anxiety, depression, and/or stress. All support groups are offered in English and Spanish and FREE childcare is provided.

Riverside Family Support Group for Mental Health
4095 County Circle Drive
Riverside, CA 92503
(951) 358-7655 or (951) 318-7386

Temecula Family Support Group for Mental Health
41002 County Center Drive Suite 320
Temecula, CA 92591
(951) 600-6355

Temecula Valley Civitan Club
P.O. Box 891821
Temecula, CA 92589
(951) 201-3300
Email: gemmsommer@aol.com
www.tvcivitan.org
A community service organization dedicated to assisting special needs organizations of our valley. They also contribute to those organizations in need within our community.

Technical Resources

Assistive Technology Exchange
(800) 390-2699 or TTY: (800) 900-0706
Email: info@atnet.org
exchange.atnet.org/welcome.aspx
Offers a free service of the AT Network for consumers and caregivers in California. Here you will find new and used gadgets and devices (assistance technologies) that empower independence.

California Assistive Technology Exchange
1234 H Street Suite 100
Sacramento, CA 95814
(800) 390-2699 / TTY: (800) 900-0706
Email: info@atnet.org
www.cate.ca.gov
Provides information, referrals, training, and technical assistance to those who share an interest in the practical and effective use of technology by people with disabilities.
California Telephone Access Program (CTAP)
6370 Magnolia Avenue #310
Riverside, CA 92506
(800) 806-1191
www.ddtp.org/CTAP
Provides assistive telecommunications equipment, at no charge, to individuals certified as having difficulty using the telephone and who have phone services.

### Therapeutic Services

#### Animal Assisted Therapy

**Canine Support Teams, Inc.**
P.O. Box 891767
Temecula, CA 92589
(951) 301-3625
www.caninesupportteams.org
Provides specially trained dogs to people with disabilities to support the personal, social, and occupational independence of individuals with disabilities.

**Queen of Hearts Therapeutic Riding Center, Inc.**
6405 Dana Ave
Jurupa Valley, CA 91752
(951) 734-6300
www.queenofheartsranch.com
The center offers a year-round program that includes group and individual riding lessons, equine assisted therapies and other horse-related activities.

**Green Acres Ranch, Inc.**
35750 De Portola Road
Temecula, CA 92592
(951) 302-6045
Email: greenacresranchinc@yahoo.com
www.greenacresranchinc.com
Provides a positive physical, emotional, social and sensory experience for individuals through programs that fit every person and their individual needs.

#### REINS Therapeutic Riding Program
4461 S. Mission Road
Fallbrook, CA 92028
(760) 731-9168
Email: tackshack@reinsprogram.org
www.reinsprogram.org
Provides physical and emotional therapy to a wide range of disabled children and adults through the use of carefully supervised horseback riding.

#### Round-Up Hope
35105 Calle La Coca
Temecula, CA 92592
(951) 757-3424
www.rounduphope.com
Therapeutic horseback riding equestrian center for the disabled serving Southern California's Inland Empire.

#### Therapy for the Handi-Capable Equestrians (T.H.E. Center)
27260 Girard Street
Hemet, CA 92544
(951) 658-7790
www.t-h-e-center.org
Provides therapeutic riding for children and adults with disabilities.
Comprehensive Therapy

Autism Spectrum Intervention Program
4164 Brockton Avenue
Riverside, CA 92501
(951) 683-5193 ext 331 Fax: (951) 683-6019
Email: autismclinic@wyliecenter.org
www.wyliecenterautism.org

Temecula Valley Therapy Services
41769 Enterprise Circle N. Suite 104 & 105
Temecula, CA 92590
(951) 303-8255
www.temeculatherapy.com
A comprehensive outpatient rehabilitation clinic, offering Physical Therapy, Occupational Therapy and Speech-Language Pathology. Therapists are all licensed by the State of California and hold mandated certifications in their specific disciplines.

Speech and Language Therapy

Corporate Talks (CT) Speech and Language Services
41593 Winchester Road Suite 203
Temecula, CA 92590
(951) 296-0286
Email: marlyne@corporatetalks.org
www.corporatetalks.org
Provides a variety of treatments including oral-motor therapy, traditional speech therapy to accent modification for the business professional. Specialize in both the geriatric and pediatric population.

Nichols Speech and Language Services
41689 Enterprise Circle North Suite 118
Temecula, CA 92590
(951) 541-0615
www.nicholsspeech.com
Provides family-centered speech therapy to children 18 months to 18 years of age.

Lucid Speech & Language Clinic, Inc. - Temecula
31205 Pauba Road Suit 103
Temecula, CA 92592
(951) 693-9600
Email: info@lucidspeech.com
www.lucidspeech.com

Lucid Speech & Language Clinic, Inc. - Murrieta
25102 Jefferson Avenue Suite D
Murrieta, CA 92562
(951) 461-1190
Email: info@lucidspeech.com
www.lucidspeech.com

Occupational Therapy

M&M Children's Services
27520 Enterprise Circle West
Temecula, CA 92590
(951) 587-6405
Offers speech and occupational therapy; accepts insurance and private pay; provides speech and language services to children with hearing disabilities as well as Autism.

Physical Therapy

Littlefield Physical Therapy, Inc.
27525 Enterprise Circle West Suite 101C
Temecula, CA 92590
(951) 676-7693
www.littlefieldpt.com
Lucid Speech & Language Clinic, Inc. - Riverside
11870 Pierce Street Suite 270
Riverside, CA 92505
(951) 808-5850
Email: info@lucidspeech.com
www.lucidspeech.com

Sensabilities LLC
5858 Magnolia Avenue #A
Riverside, CA
(951) 779-1966
Provides the following services: Pediatric Speech Pathologists, Speech Language Pathologists, Speech Pathologists.

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Therapy & Counseling

Autism Spectrum Intervention Program
4164 Brockton Avenue
Riverside, CA 92501
(951) 683-5193
Email: autismclinic@wyliecenter.org
www.WylieCenterAutism.org
Committed to providing the highest quality individualized intervention services to make positive and pervasive differences in the lives of children, youth, and families in the areas relating to autistic disorders and to enhance overall quality of living.

Care
27715 Jefferson Ave, Ste 112
Temecula, CA 92592
(951) 837-3215
www.carelearningcenters.org
Provides individual therapy, couples counseling, life coaching, tutoring, and workshops.

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EMDR & Children
5806 Mesa Drive Suite 360
Austin, TX 78731-3785
(512) 451-5200
Email: info@emdra.org
www.emdra.org

Nichols Speech, Inc.
41689 Enterprise Circle North
Temecula, CA 92590
(951) 544-0615
Email: cmitchell@nicholsspeech.com
www.nicholsspeech.com
Provides family-centered speech therapy to children 18 months to 18 years and to adults.

Novell & Novell Counseling Services
29748 Rancho California Rd
Temecula, CA 92591
(951) 694-0695
www.novellicounseling.org
Provides counseling for families and help families through difficult times.
Regional Family, Youth & Health Task Force Information

With prevalent social issues facing families throughout the country and in our region, specifically in light of developments in technology that pose new social complications, 24 elected leaders from eight Cities and eight School Districts across Southwest Riverside County joined together to form the Regional Family, Youth and Health Task Force committed to providing our youth, parents and families information and resources to better understand and cope with modern influences such as virtual gaming addictions, cyber safety and social media bullying, family violence, human trafficking, and drugs & alcohol. For more information about the Regional Task Force please direct questions/comments to Betsy Lowrey at (951) 693-3959.
Virtual Gaming Addictions

Regional Family, Youth & Health Task Force Meeting #1 - Andrew Doan MD, PhD (Keynote Speaker)
Presentation topic focused on the impacts of virtual gaming addictions on youth and provided an in-depth look into the areas of internet addiction, video game addiction, and technology addiction. Andrew Doan MD, PhD, is author of Hooked on Games.
http://www.hooked-on-games.com/
April 29th, 2013 Task Force Meeting/Presentation Video:
http://www.youtube.com/watch?v=F6ISsrRdBv8&feature=youtube

Dr. Andrew Doan- Addicted to Addicts: Survival 101 – Hooked on Games.
Internet Radio interview with Dr. Andrew Doan on Video Game & Technology Addiction
Dr. Doan is a recognized expert in technology and video game addiction. He talks about support for this problem and how we can help our loved ones.
http://webtalkradio.net/internet-talk-radio/2013/05/13/addicted-to-addicts-survival-101-hooked-on-games/

Dr. Andrew Doan- Violent Video Games
Encourage Violent Thoughts
www.youtube.com/watch?v=qpadp5YR_gQ

Dr. Andrew Doan- Surviving the Technology Flood: Video Game & Technology Addiction
www.youtube.com/watch?v=TS-5KeGvKfE
A story of a life enslaved by video games.

Violent Video Games: More Playing Time Equals More Aggression, article:
researchnews.osu.edu/archive/violgametime.htm
Study provides the first experimental evidence that the negative effects of playing violent video games can accumulate over time. Ohio State University co-authors Brad Bushman, Professor of Communication and Psychology, Ohio State University 614-688-8779; Bushman.20@osu.edu and Jeff Grabmeier, Senior Director, Research & Innovation Communications 614-292-8457; grabmeier.1@osu.edu

Gaming Addiction on Katie Couric Show video
katiecouric.com/videos/video-game-addiction-warning-signs
Katie Couric talks to Dr. Michael Welner about the signs you should look for if you suspect someone you love has a video game addiction. Related Article with video segments: Are Video Games Ruining Your Life?

Dr. Andrew Doan- KFROG Eye on the Community – Gaming Addiction
kfrog.cbslocal.com/2013/07/15/do-video-games-slow-brain-development
KFROG Radio Interview with Dr. Andrew Doan.
Novell & Novell Counseling Services
29748 Rancho California Rd
Temecula, CA 92591
(951) 694-0695
www.novellcounseling.org
Multidisciplinary team of mental health professionals providing independent outpatient mental health services including counseling for families.

CARE
27715 Jefferson Ave, Ste 112
Temecula, CA 92592
(951) 837-3215
www.carelearningcenters.org
Provides individual therapy, couples counseling, life coaching, tutoring, and workshops.

Podcast on Gaming Addiction
v.giantbomb.com/podcast/interviewdumptruck_090913-09-10-2013-4623413679.mp3
Theories about where the law and video games might intersect in the not-too-distant future.

Is Technology a Problem for You? The Dark Side of a Tech Addiction (Article)
foxnewsinsider.com/2013/08/15/technology-problem-you-dark-side-tech-addiction
Two experts speak on the Bill O'Reilly Show about technology addiction.

Mental Illness and Video Game Violence (Video)
link.brightcove.com/services/player/bcpid1649263564001?bckey=AQ--AAAAA5PNMME--K3tOT-PuafsBOFardsNAXIIcheEkjy_p&bctid=2730891224001
Video of Andrew Doan on the Taylor Baldwin show discussing Mental Illness and Video Game Violence.

Edmond Child & Family Counseling
24885 Whitewood Rd.
Suite 102
Murrieta, CA 92563
(951) 676-5154
Email: edmondcfcounseling@gmail.com
edmondcfcounseling.com
Provide counseling for parents, children, adolescents and families in crisis. Also provides couples and individual counseling.

National Alliance on Mental Illness (NAMI) - Temecula Valley
41050 Avenida Verde
Temecula, CA 92591
Email: infor@namitv.org
www.namitv.org
NAMI's mission is to support, educate and advocate for those with mental illness and also their families, friends, and the public.

Riverside County Department of Mental Health
41002 County Circle Drive
Temecula, CA 92590
(800)706-7500
rcdmh.org/opencms/english/home
Provide effective, efficient, and culturally sensitive community-based services to adults, older adults, and children who have or are at risk of developing mental illnesses or substance abuse problems.

Center for New Directions
95 N. Marengo #203
Pasadena, CA 91106
(949) 460-5323
www.centerfornew.com
Counseling service that supports individuals as they identify and work through challenges that negatively affect their lives.
Laptop losers: Tech actually hindering kids in classrooms
www.foxnews.com/tech/2013/08/15/laptop-losers-tech-actually-hindering-kids-grades-in-classrooms/?intcmp=features#ixzz2cTkTUQjG
Article discusses how Laptops may actually hinder students’ ability to learn.

Laptop multitasking hinders classroom learning for both users and nearby peers
www.sciencedirect.com/science/article/pii/S0360131512002254
Article examined the detrimental effects of laptop multitasking on classroom learning.

The impact of violent video games: An overview
www.psychology.iastate.edu/faculty/caa/abstracts/2010-2014/12AW.pdf
Article studies the impact of violent video games on youth.

The effect of family therapy on the changes in the severity of on-line game play and brain activity in adolescents with on-line game addiction.
www.ncbi.nlm.nih.gov/pubmed/22698763
US National Library of Medicine; National Institutes of Health. Findings suggest that family cohesion may be an important factor in the treatment of problematic on-line game playing.

Gray matter and white matter abnormalities in online game addiction, research
www.ncbi.nlm.nih.gov/pubmed/23480966
US National Library of Medicine; National Institutes of Health. Online game addiction (OGA) has attracted greater attention as a serious public mental health issue.

Youth and Violence

Regional Family, Youth & Health Task Force Meeting #2 - Melissa Donaldson, Executive Director, Safe Alternatives for Everyone S.A.F.E (Keynote Speaker)
Presentation topic focused on children, youth and families who have experienced, or are at risk of domestic abuse and violence.
June 20th, 2013 Task Force Meeting/Presentation Video:
http://www.youtube.com/watch?v=Sj-nAZ5HQxg&feature=youtu.be

Safe Alternatives for Everyone (SAFE)
28910 Pujol Street
Temecula, CA 92590
(951) 587-3900
www.safefamiliesca.org
SAFE is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence.
California Family Life Center
930 N. State Street
Hemet, CA 92543
(951) 765-6955
www.cflickids.org
Provide safety, comfort and healing to children suffering abuse and abandonment; to teach love and trust; to instill self-esteem, values and hope for the future - and in so doing, assist children trapped in hopelessness and despair become compassionate and contributing members of the community.

Olive Crest
555 Technology Court Suite 300
Riverside, CA 92507
(951) 686-8500
www.olivercrest.org
From counseling to foster care services to transitional living assistance, Olive Crest offers a broad spectrum of care for abused, neglected and at-risk children and their families. Olive Crest is dedicated to preventing child abuse, to treating and education at-risk children and to preserving the family.

Child Help USA Hotline
(800) 422-4453
Is dedicated to the prevention of child abuse. The Hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in 170 languages.

Domestic Violence Riverside County
(951) 686-4402

Child Protective Services
27464 Commerce Center Drive Suite E
Temecula, CA 92590
(951) 696-3450
Email: dpssinquiry@riversidedpss.org
dpss.co.riverside.ca.us/dpss/Default.htm
Provides individualized interventions to families which afford the opportunities for children to be raised in homes free of abuse and neglect.

Child Find of America
(800) 426-5678
www.childfindofamerica.org
Prevention and resolution of child abduction.

Early trauma, lasting damage
An article that discusses information about the impact of mistreatment on the brains of young children.

Perris Valley Family Resource Center
71 Wilkerson Avenue, Suite L
Perris, CA 92570
(951) 443-1158
PVFRC is committed to providing services for children, youth and families, who have experienced, or are at risk of abuse and violence.

Temecula Police Department
30755 Auld Rd Ste A
Murrieta, CA 92563
(951) 696-4357
Rancho Damacitas
38950 Mesa Rd
Temecula, CA
(951)302-2317
4kidsfirst.org/rancho-damacitas
Provide residential treatment services and a therapeutic environment to offer children individualized services within a small, family-oriented setting.

Oak Grove
24275 Jefferson Ave
Murrieta, CA 92562
(951) 677-5599
Provide a 24-hour residential, educational, and therapeutic treatment center that serves 76 children who live on campus as well as 90 – 100 day students who attend our nonpublic school.

Prevent Child Abuse Riverside County
1945 Chicago Avenue Suite B South
Riverside, CA 92507
(951) 686-5581 or Fax: (951) 686-5654
Email: info@pcariverside.org
www.pcariverside.org
Provide advocacy, public awareness, and coordination of community programs and services.

Riverside Area Rape Crisis Center
1845 Chicago Avenue Suite A
Riverside, CA 92571
(951) 686-7273 or (866) 686-7273 (toll free)
Email: info@rarcc.org
www.rarcc.org
Provides crisis intervention, counseling, and information and referrals for assault survivors, their families, and friends.

Riverside County Suicide HELP Line
(951) 686-4357

Other County Referrals
211

California Office of Emergency Services
www.oes.ca.gov

California Partnership to End Domestic Violence
www.cpedv.org

California Department of Public Health (domestic violence program)
www.safenetwork.net

Alternatives to Domestic Violence
P.O. Box 910
Riverside, CA 92502
(951) 302-1370 Fax: (951) 320-1381
Email: info@adv-besafe.org
alternativestodv.org

Alternatives to Domestic Violence 24-Hour Crisis Line
(951) 683-0829

Casas Shelter
P.O. Box 216
Los Alamitos, CA 90720
(562) 594-6825 or (714) 995-8601 or (800) 914-2272
Email: agency@casayouthshelter.org
www.casayouthshelter.org

I Care Shelter
P.O. Box 749
Riverside, CA 92502
(951) 354-2273
Email: caremaster@lilmoster.com
www.icareshelterhome.org

Settlement House
507 South Vicentia Avenue
Corona, CA 92882
(951) 737-3504
Email: settlementhouse@hotmail.com
www.settlementhouse.net
Shelter from the Storm Administrative Offices and Palm Desert Outreach Center
73555 Alessandro Drive, Suite d
Palm Desert, CA 92260
(760) 674-0400 or (760) 328-7233 or (800) 775-6055 (toll-free)
Email: susan@shelterfromthestorm.com
(Emergency email)
www.shelterfromthestorm.com/index.asp

Val Verde After School Programs
975 West Morgan Street
Perris, CA 92571
(951) 965-3920 Ext. 10201
Mobile No. (951) 965-3920
www.valverde.edu

Jefferson Transitional Programs
3839 Brockton
Riverside, CA 92501
(951) 686-5484
www.jtpfriends.org
To assist individuals with psychiatric and/or
dual diagnosis challenges in becoming
productive and thriving citizens through the
provision of safe, affordable housing;
development of functional life skill;
opportunities to explore and develop
vocational options; and more.

Valy Restart
P.O. Box 1715
Hemet, CA (2546)
(951) 766-7476
Email: restart@valleyrestart.org
www.valleyrestart.org

Youth and Social Media

Regional Family, Youth & Health Task Force Meeting #3 - Wayne Sakamoto,
Director of Safe Schools, Murrieta Valley Unified School District (Keynote Speaker)
Presentation topic focused on internet and technology at risk factors for youth
including cyberbullying, internet safety, and pedophile accessibility to youth, social media and youth development. July 18th 2013 Task Force Meeting/Presentation Video:
http://www.youtube.com/watch?v=m2Y1D_UztC4

Cyberbullying Research Center
cyberbullying.us
The Cyberbullying Research Center provides up to date information about the nature, extent, causes, and consequences of cyberbullying among adolescents.

International Bullying Prevention Association
stopbullyingworld.org
The mission of the International Bullying Prevention Association is to support and enhance quality research based bullying prevention principles and best practices in order to achieve a safe school climate, healthy work environment, good citizenship and civic responsibility.

Wired Safety
www.wiredsafety.org
Wired Safety is the largest and oldest online safety, education, and help group in the world. It provides one-to-one help, extensive information, and education to cyberspace users of all ages on a myriad of Internet and interactive technology safety, privacy and security issues.
Computer and Technology Crime High-Tech Response Team
P.O. Box 1388
Riverside, CA 92502
(951) 955-3360
Email: ppico@riversidesheriff.org
Computer and Technology Crime

24 hour Suicide/Crisis Intervention
(951) 686-4357

Teri Harney: City of Temecula Police Department Community Services Officer
30755-A Auld Road
Murrieta, CA 92563
(951) 696-3000
Email: tharney@riversidesheriff.org

Internet Crime Complaint Center
www.ic3.gov/default.aspx
Accept online Internet crime complaints from either the actual victim or from a third party to the complainant.

High Technology Crime Investigation Association
3288 Goldstone Drive
Roseville, CA 95747
(916) 408-1751
Email: info@htcia.org
www.htcia.org
Provide education and collaboration to our global members for the prevention and investigation of high tech crimes.

Uknowkids Parenting Resources
3939 13th St.
Riverside, CA 92502
info.uknowkids.com/cyberbullying-resources-for-parents?&t=74401
Provide resources that will help parents tackle the challenging task of staying on top of all the digital dangers.

Riverside County Sheriff Coroner-Crime Prevention & Public Safety, Technology Crimes
4095 Lemon St.
Riverside, CA 92501
(951) 955-2400
www.riversidesheriff.org/crime
Provides resources for technology crime.
Human Trafficking

Regional Family, Youth & Health Task Force Meeting #4 - Gabriela Baeza, Student Safety & Well-Being Division, San Diego County Office of Education (Keynote Speaker)
Presentation topic focused on the commercial sexual exploitation of children and the warning signs to protect girls from being befriended, manipulated, threatened and exploited into the commercial sex trade by sexual predators, including risk factors such as teen relationship violence, self-esteem, parenting, etc.
July 18th 2013 Task Force Meeting/Presentation Video: http://www.youtube.com/watch?v=BQm7ldNaAwg&feature=youtu.be

Operation Safehouse
9685 Hayes Street
Riverside, CA 92503
(951) 351-4418
operationsafehouse.org/human-trafficking
They provide emergency and long-term shelter, intervention and outreach services to runaway, homeless, exploited, and other youth in crisis.

Million Kids
PO Box 7295
Riverside, CA 92513
(951) 415-2319
millionkids.org
They provide educational, medical, and legal aid to survivors of trafficking and exploitation. They offer prevention programs that help children, youth and adults to stay free and to recognize how traffickers work. They equip activists and provide strategic support to assist law enforcement.

Commercial Sexual Exploitation of Children: A Fact Sheet
Provides statistics on the commercial exploitation of children as well as information on how a child becomes a victim, the potential indicators of trafficking and exploitation and more.

KNOW THE FACTS: Commercial Sexual Exploitation of Children
www.cityoftemecula.org/NR/rdonlyres/4827D525-5AD7-4A9B-8FAE-0057841A6F85/0/CSECFactSheet.pdf
Provides statistics and facts about commercial exploitation of children.

Riverside County Sheriff Department- non-emergency hotline
(951) 696-4357

Women Against Child Trafficking
11801 Pierce Street, Suite 200
Riverside, CA 92505
(951) 440 6330
Email: aDifference@live.com
womenagainstchildtrafficking.weebly.com/contact.html
Provide 72 hour emergency shelter, transportation, victim services, food, clothing, shoes, blankets, toiletries and address the immediate needs of the victims from 11 to 18 years old. Provide mentoring and transitional living to survivors until age 23. Provide the survivors with basic and other essentials to guide them into adulthood.
Women Against Child Trafficking
23921 Lake Drive Unit 1407
Riverside, CA 92505

Riverside County Anti-Human Trafficking (RCAHT) Taskforce
(855) 758-FREE (3733)
Email: ht@riversidesheriff.org
www.riversidesheriff.org/bureaus/anti-human-traffic.asp
Build community awareness, Develop strategic partnerships Execute innovative and thorough investigations, Treat all victims, whether foreign or domestic, with dignity and respect, and take a comprehensive approach to life-rebuilding.

Children of the Night
14530 Sylvan Street
Van Nuys, CA 91411
24 Hour Hotline (800) 551-1300
www.childrenofthenight.org
The Children of the Night for trafficked children throughout the United States is provide free taxi/airline transportation nationwide for America's child prostitutes who wish to escape prostitution and live in our home.

County of Riverside Department of Public Social Services
dpss.co.riverside.ca.us/childrens-services-division/human-trafficking

The National Human Trafficking Resource Center Hotline
(888)373-7888

Youth and Substance Abuse

Regional Family, Youth & Health Task Force Meeting #5 Rocky Hill, Owner, Hill Alcohol & Drug Treatment Center (Keynote Speaker)
Presentation topic focused on the gravity and nature of the regional problem of youth and substance abuse, including easy accessibility and at-risk behavior; and preventative measures for parents and communities. January 16th 2014 Task Force Meeting/Presentation Video:
http://cityoftemecula.org/Temecula/Government/Meetings_and_Agendas/familyyouthhealthtaskforce.htm

My Family, Inc. (MFI) Recovery Center
25186 Hancock Avenue #100
Murrieta, CA 92562
(951) 698-8558
www.mfirevery.com
MFI Recovery Center is a non-profit alcohol and drug recovery treatment program. Our mission is to provide comprehensive substance abuse and behavioral health services to help individuals and families achieve and maintain and healthy and productive lifestyle.
Hill Alcohol & Drug Treatment Center
Lyndie Ln.
Temecula, CA 92590
(951) 676-8241
hillrecovery.com
They are a center for addiction treatment, offering a broad spectrum of alcohol and drug recovery for substance abusers and their families.

Teen Challenge-"Turning Point"
(951) 683-4241
A nine week course for families of substance abusers. A course is also provided for teens.

Al-Anon/Alateen Meeting Information Line
610 W 9th Avenue
Escondido, CA 92025
(800) 356-9996 and (760) 746-0102
www.al-anon.alateen.org/meetings/meeting.html
Offers organized support groups for family and friends of alcoholics.

County of Riverside Mental Health Substance Abuse Program
41002 County Center Dr. Ste 320
Temecula CA
(951) 600-6360
rcdmh.org/opencms/english/Substance_Abuse
Offers a wide range of services including outpatient counseling, detoxification, residential treatment, relapse prevention counseling and parenting classes.

Detox Hotline
(800) 499-3008

Friday Night Live
3525 Presley Ave
Riverside, CA 92507
(951) 782-2419 or Fax: (951) 600-6365
A youth oriented program catered to young people in the Riverside area. Provides activities and entertainment that promote an anti-drug, anti-drinking message to youth in the community.

Temecula Valley Unified School District
31350 Rancho Vista Road
Temecula, CA 92592
(951) 676-2661 Phone | (951) 695-7121 Fax
www.tvusd.k12.ca.us/sdate_overview
Provides drug, alcohol, tobacco prevention education with funding from both state and federal funds.
General Resources

Murrieta Valley Unified School District
www.murrieta.k12.ca.us/page/233
The Murrieta Valley Unified School District Parent Center provides low cost parenting programs. The Parent Center was developed to provide high quality educational support services to parents, professionals, and community members living and working in Southwest Riverside County. Webpage includes a Resource Guide:

Riverside County Department of Mental Health
(800) 706-7500
Riverside County Department of Mental Health is comprised of three major programs: Mental Health Services, Substance Abuse Services and the Public Guardian’s Office. Guide to Services provides information on services in Riverside County:
http://rcdmh.org/opencms/english/brochures/

Temecula Valley Unified School District
www.tvusd.k12.ca.us/SDATEResources
Temecula Valley Unified School District-Parent resources include links and a resource guide with contact information including hotlines, local assistance organizations, childcare, youth activities, social services and emergency information.

The Southwest Riverside County Chapter of CAMFT
swrc-camft.org/therapist-directory
Members of Southwest Riverside County Chapter of CAMFT may include Licensed Marriage & Family Therapists, Associate Members, and Licensed Associate Health Care Professionals (psychiatrists, psychologists, social workers, mediators, attorneys, financial planners). Its website offers a directory of local therapists.

The Temecula-Murrieta Interagency Council
https://sites.google.com/site/tminteragencycouncil/home
A group of school staff members, city staff members, non-profit community agencies, and parents who provide information and programming to help the youth and families of our valley. The Interagency Council provides a forum for discussion to identify the assets within our community and develop a comprehensive model for insuring that our youth know about and can access the people and programs that are available in our community.

THINK Together -Riverside County Regional Office
22620 Goldencrest Drive, #D140
Moreno Valley, CA 92553
(951) 571-9944
www.thinktogether.org/locations/riverside
Serving Moreno Valley, Val Verde, Lake Elsinore, Temecula Valley, and Perris Union High School District with extended learning after school as well as tutoring programs. Provides structures intervention, enrichment, education/homework and physical activities for kids after school.
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